

## General terms

- **RST** - right sides together.
- **RSO** - right sides out.
- **WST** - wrong sides together.
- **WSO** - wrong sides out.
- **SLIT** - make a small cut through one layer of fabric. (on back side)
- **Seam Allowance** - is 1/4" unless stated otherwise.
- **DLF** - double layer fabric- 2 layers of fabric sewn together to make front and back.
- **DFE** - double fold fabric - fabric folded on 2 edges, mostly used for clothing.
- **Trace** - draw around pattern template.
- **TM** - iron on transfer marker - used to transfer image. Trace pattern onto paper backwards, then iron onto fabric.
- **CS** - cutting and sewing technique.
- **TSC** - tracing, sewing, then cutting technique.
- **Polyfil** - a cotton or polyester type of stuffing.
- **Fat Batting** - a thick polyester batting.
- **Hem** - fold ends of fabric under 1/2" and sew a running stitch across.
- **Gather** - hand or machine sew a running stitch. Pull threads to gather fabric. Tie. Knot.
- **Dry Brush** - using an old stiff brush, or stencil brush, dip into paint. Rub most of the paint off of the brush onto paper bag or paper towel, then brush onto project.
- **Tan or Tea Dying** - use tan liquid or powder rit dye or instant tea. mix with hot water. Put it into a spray bottle and spray onto project. Mix dye to desired darkness.

**KONFETTI'S**  
**3612 S. KIRK ST.**  
**AURORA, CO. 80013**

**720-535-6479**

[WWW.KONFETTIS.COM](http://WWW.KONFETTIS.COM)

THANK YOU AND I HOPE YOU ENJOY THIS BOOK AS MUCH AS I ENJOYED PUTTING IT TOGETHER.  
I NEEDED TO THANK MY DAUGHTER JENNY FOR HELPING ME WITH THE LAY OUT AND EDITING.

WHEN I FIRST GAVE HER ALL OF MY TYPED PAGES, SHE READ THEM AND GAVE THEM BACK TO ME WITH 20 STICKY NOTES ON EACH... (SPELLING, PUNCTUATION, GRAMMAR, RUN ON SENTENCES, REPEATING THINGS OVER AND OVER)

IF YOU'VE EVER READ MY OTHER PATTERNS, YOU'LL KNOW WHAT SHE'S TALKING ABOUT. TOO MANY RUN ON SENTENCES. EVERY THING TYPED IN CAPS AND BOLD....

NO PUNCTUATION EXCEPT FOR....  
WELL SHE TOOK IT ALL EDITED IT AND PUT IT INTO A NICE FORMAT... THANK YOU.. IM SURE EVERYONE ELSE WILL ALSO... IM SURE YOU CAN SEE WHICH PAGES SHE DIDN'T EDIT.  
THANK YOU CARMEN

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## Creating a Doll:

### **Doll Bodies:**

There are many options to consider when creating the body and type of doll you are wanting. Things to consider:

- Where will the doll be placed?
    - In a large chair, small chair, on a shelf, hanging on a cabinet, on a wall, etc.
  - Will the doll's arms and legs need to bend, hang, or stick straight out?
- This will determine how long and wide you want the doll to be.

- What type of room will the doll be in?
    - A baby room with pastel nursery rhymes or bright primary colors
    - A living room with Victorian theme, primitive, antiques, or a modern look
    - A bathroom with pastels, vintage, or country theme
- With some of these examples decide in which room and where you are planning on putting the doll. From those answers you can decide the size, shape, color, and theme you want you doll to portray to coordinate with the setting.

### **Shape of Doll Body:**

Here are several examples of different body, arm, and leg shapes.

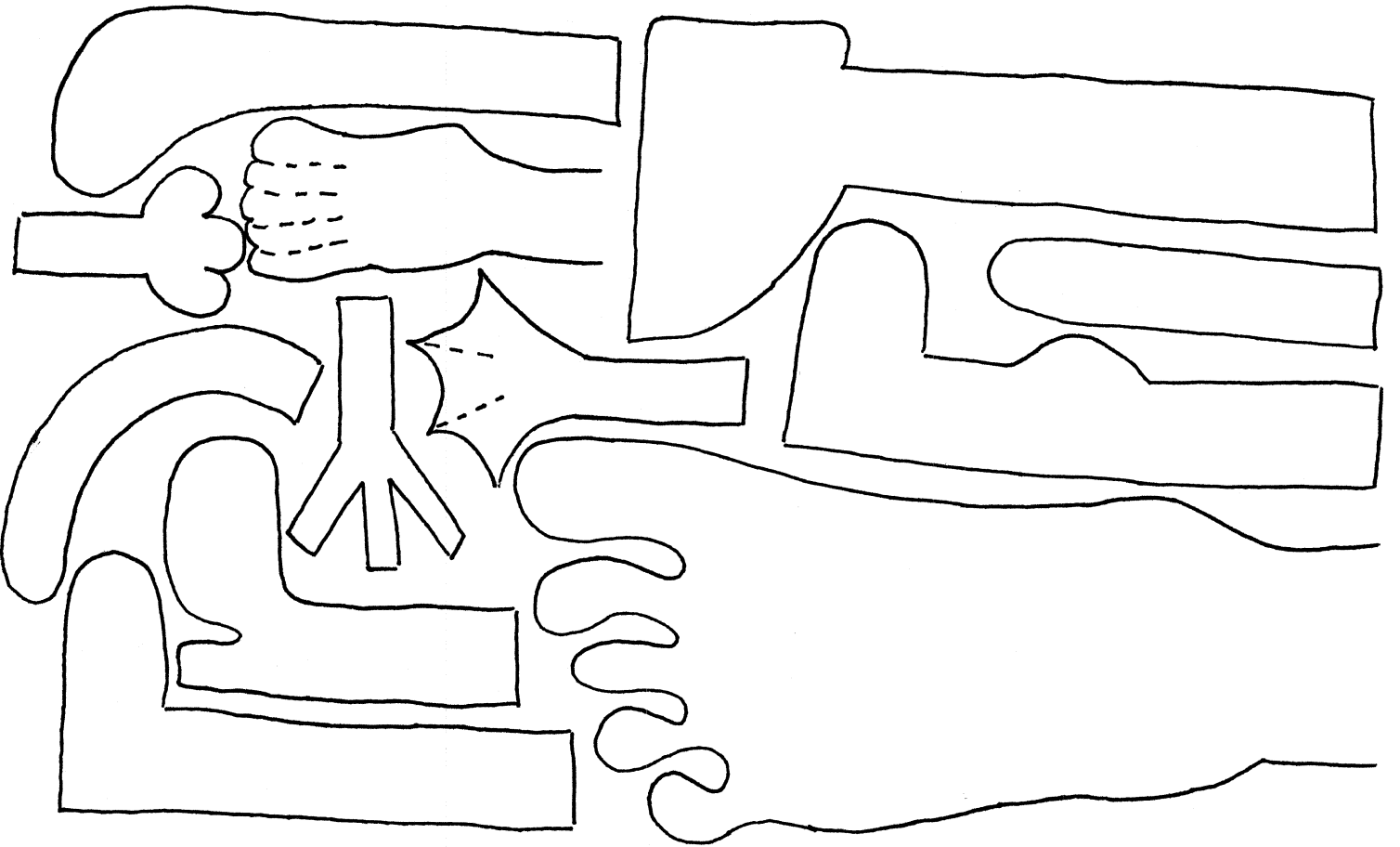
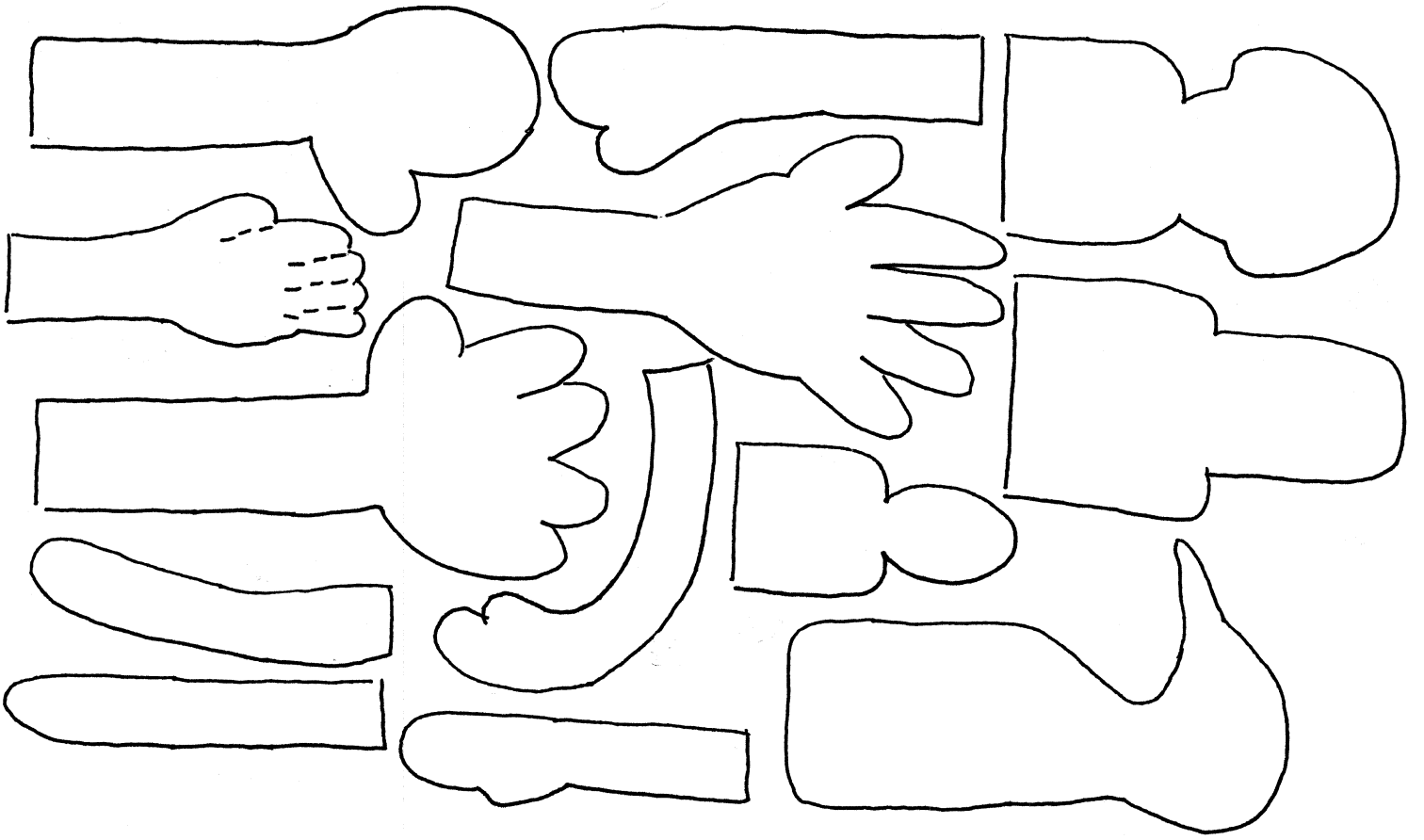
- **Body:**
  - A long thin head for a whimsical or primitive look
  - A round head for a more traditional look
  - A face with big cheeks
  - A one-piece body—for an ornament or a standing doll
- **Arms:**
  - Long hanging arms
  - Short arms with fingers, hands, or maybe just a thumb
  - Wrists or elbows that bend
  - Arms needing to bend at a certain point to hold something special

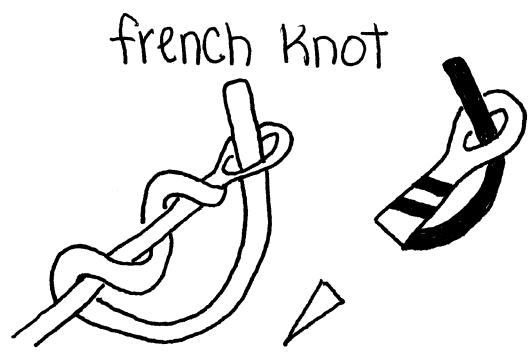
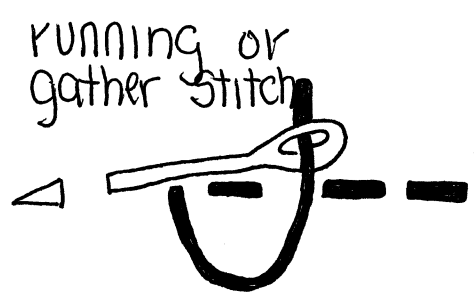
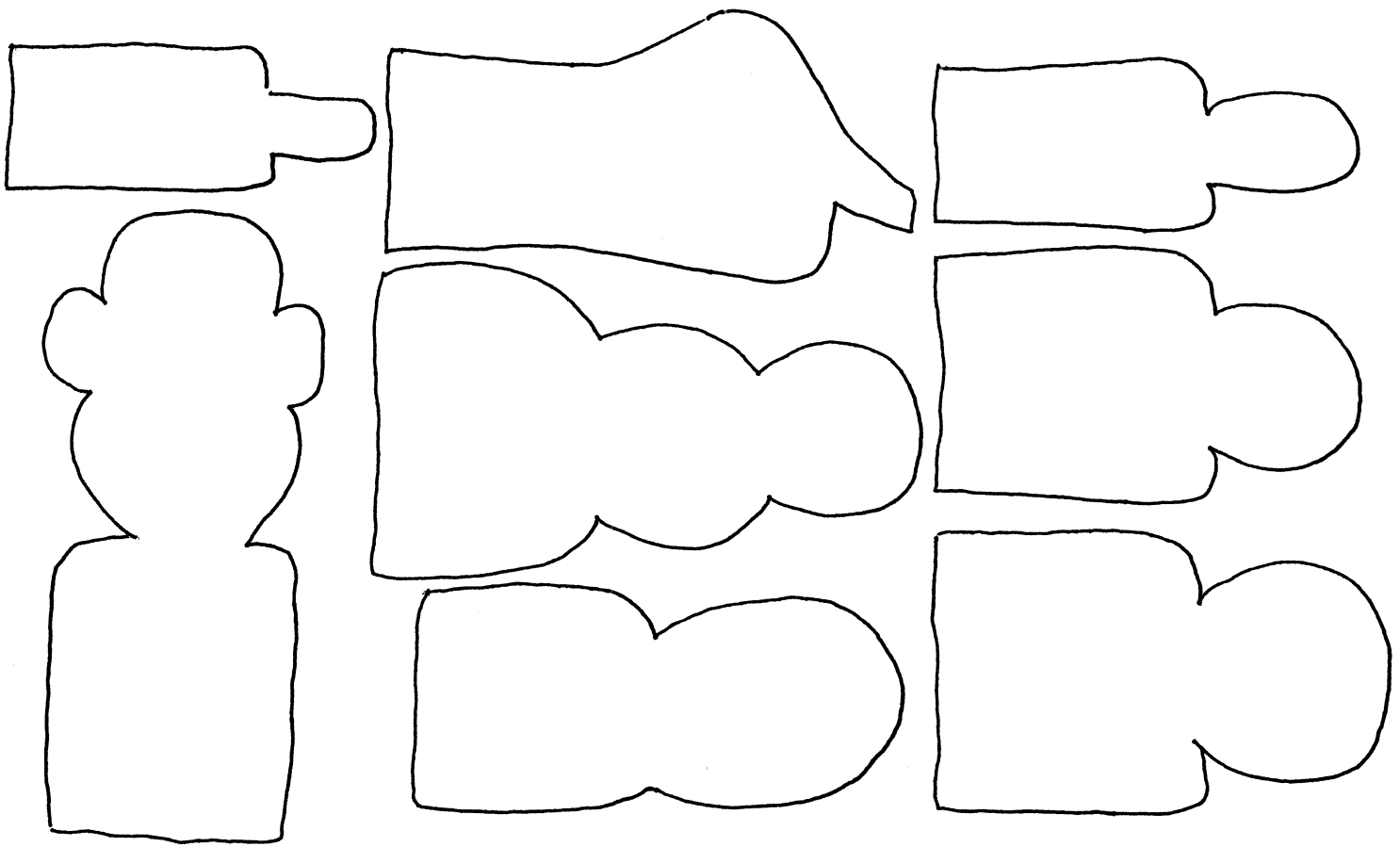
- Full arms or just hands sewn into the sleeve ends of the clothes

#### ▪ **Legs:**

- Long thin legs
  - Legs that bend at the knees
  - A doll with shoes
  - Feet with toes
- Decide what type of body shape you want. Mix and match different styles to get the look you're wanting.
  - Decide on the size of the doll. If the doll is to be sitting on a shelf or chair how tall will the body need to be?
  - Decide how long the legs need to be. If the doll is to be sitting on a shelf with legs hanging off, or in a chair, how long do the legs need hang down? Do the knees need to bend?
  - Measure the area and you should be able to decide the sizes you will need. (Don't forget to add extra space for the doll's hair if you'll have hair.)
  - When making your body pieces remember that you will lose about 1" per piece.
    - Example: If your doll body is 10" tall and the legs are 10" long you'll probably end up with an 18" doll.
    - The loss of size will depend on which sewing technique that you are using.
      - Are you cutting then sewing? Or sewing then cutting?
    - The arms and legs after being stuffed will lose about 1" to its width—depending on how tightly you stuff.

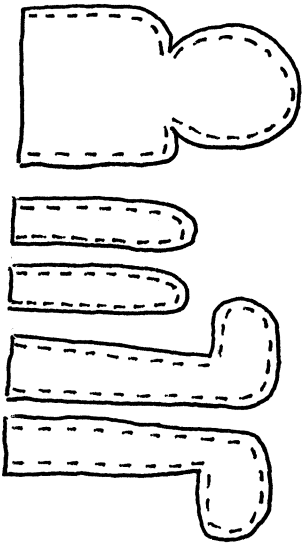
Read through the different types of sewing and designing techniques listed. Decide the type of shape, size, type of body, and technique that you want to use. (A basic body, a one-piece doll, 3D, or sculpted doll.)





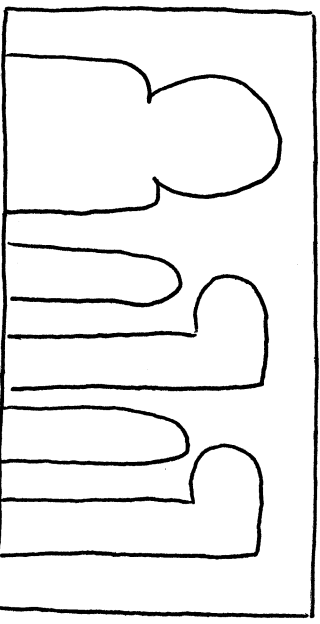
### Cutting then Sewing Technique:

1. Cut out 2 pieces of fabric for each body part
  - 2 body pieces, 4 arm pieces, and 4 leg pieces
2. Have your fabric with right sides together then sew around your body pieces (line sewing), using approximately a 1/4" seam allowance.
3. After sewing, make small clips with your scissors and clip any corners and rounded edges
4. Decide where you want to leave/make a hole for turning and stuffing.
5. Turn your pieces right side out



### Tracing, Sewing then Cutting Technique:

1. Trace body, arms, and legs onto double layer fabric on the wrong side with right sides together
2. Sew on traced line
3. Cut out body pieces after sewing
  - Cut about 1/4" out from the sewing lines.
4. Clip all corners
5. Turn right side out

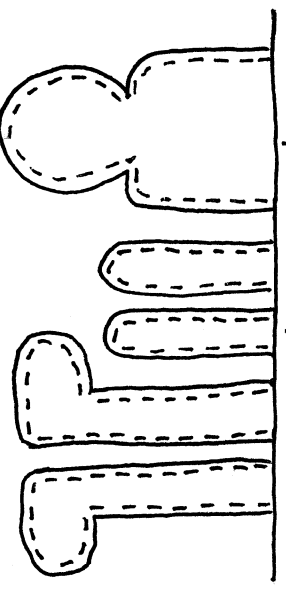


### Comparing:

- If you use the technique of cutting then sewing, the body will be slightly smaller than if you use the technique of tracing, sewing then cutting.
- I personally don't have a preference between the two techniques, so just do which ever you feel more comfortable with.
- Tracing, sewing, then cutting:
  - Very curvy, detailed body, arms, or legs
  - Very tiny body parts
  - Very stretchy fabric
- Cutting then sewing:
  - Making several of the same body, or body parts that are simple.
  - This makes it easy to cut several layers at the same time—to save time

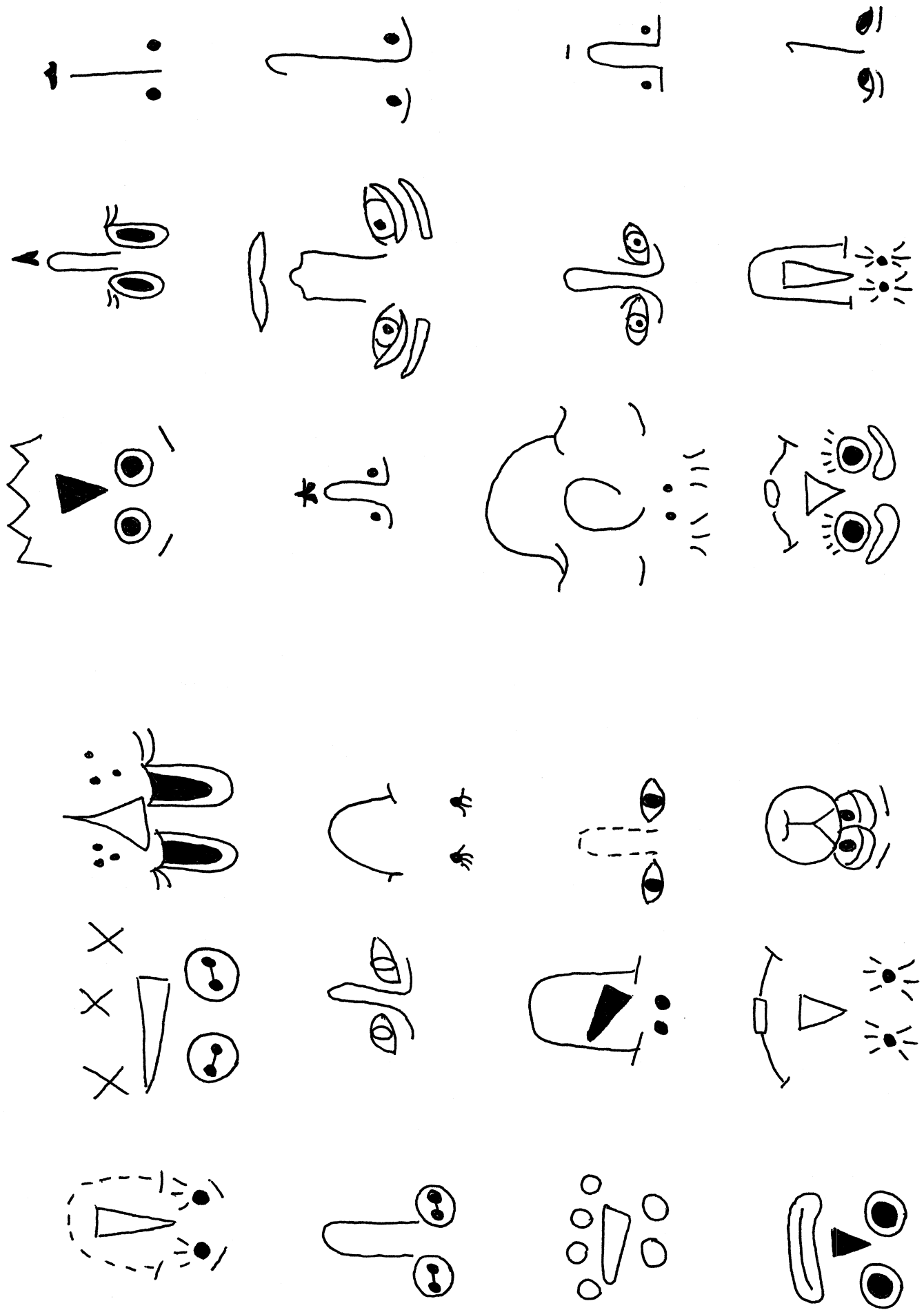
### Line Sewing:

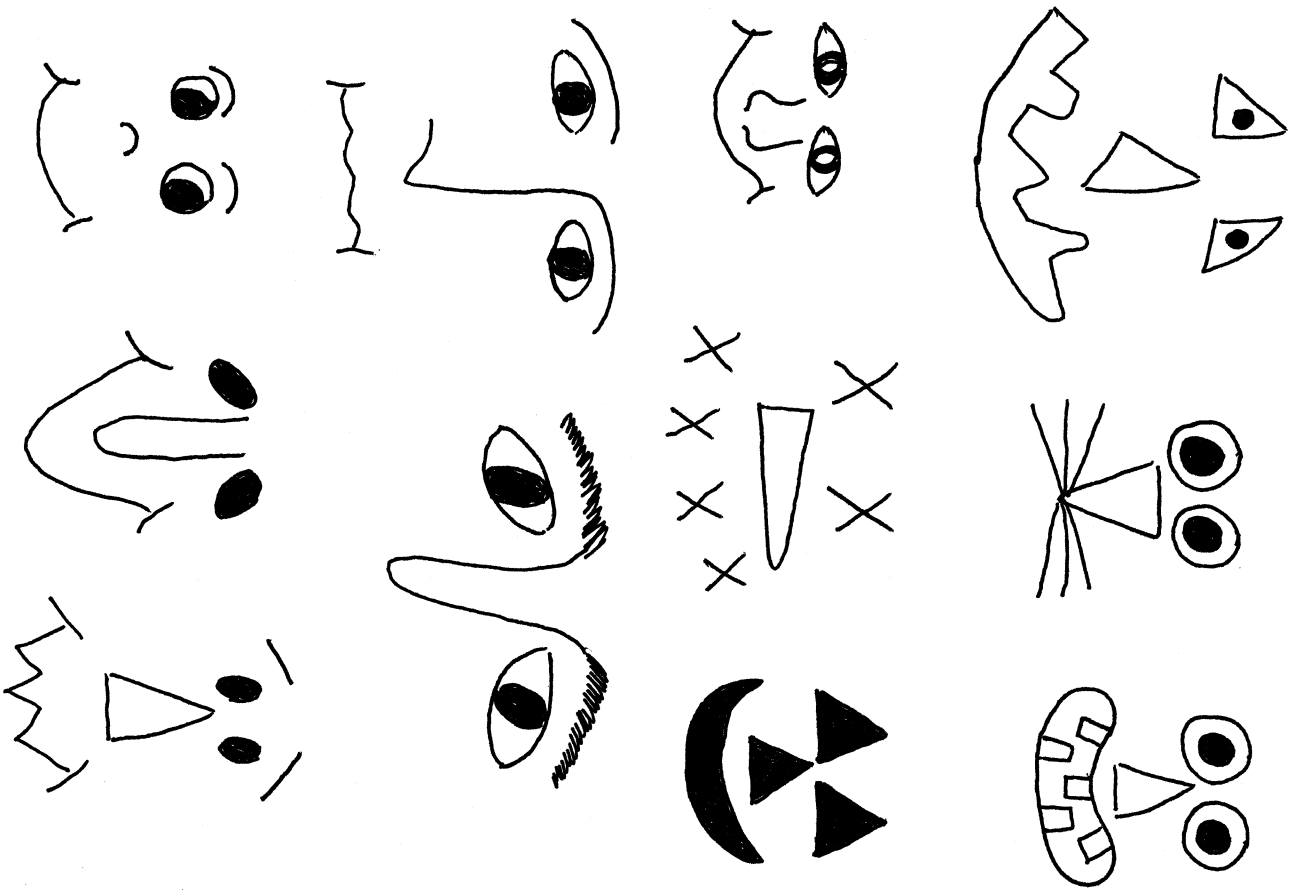
1. Cut out all body pieces.
2. RST. Sew around body part continuing with the next part, with-out breaking sewing machine thread.
3. A continual running stitch from piece to piece.
4. Leave a small piece of thread in-between sewing each piece.
5. Cut pieces apart.



## Stuffing:

- There are several different types and brands of stuffings on the market.
  - Cloth stuffed dolls: Polyfil a cotton or polyester type stuffing
  - For a weighted doll: sand, kitty litter, plastic pellets, rags or other cloth
    - Sand: very fine, my least favorite to use, but when I do I put it in a zip lock bag then put it into the doll so it doesn't come through sewn seams
    - Kitty litter: not as fine as sand, and weighs doll bottoms well. It can leave a small amount of dust or residue
    - Plastic pellets: does not leave any residue, and doesn't spill out but has a bumpy feel and look
      - NEVER use any type of rice, beans, or any food source. These will attract bugs, mice, or other animals
    - Rags or strips of cloth: a heavier more primitive type doll. Lumpy and bumpy.
- Stuffing small areas (small bodies, fingers, toes):
  1. Use a small amount of stuffing
  2. Work more and more into area
    - It takes longer than just putting a large amount in but it stuffs much nicer and won't want to bounce back out
  3. Check for smooth edges, excess lumps, and open spaces
- Elbows or knees:
  1. Stuff up to elbow or knee and stop
  2. Sew across
  3. Leave the rest of arm or leg unstuffed or continue stuffing for a more firm affect.
    - Tip: if you are stuffing whole arm, leg, or body leave 1" from end open so you have room for sewing limbs to body or cloths.
- Stuffing a one-piece body:
  1. Stuff whole body tightly, starting with the ends
    - Doll with hair: slit in the center of the back, stuff hair, feet and legs, stuff all the ends working your way into the center of the body
    - 2. When done stuffing whip stitch opening shut leaving about 1" open
    - 3. Leave threads hanging
    - 4. Add any extra stuffing
    - 5. Finish sewing shut
    - When stuffing an indented stitched body (fingers or toes) stuff hands or feet lightly so you can sew on stitched lines. If you stuff too tightly it will be hard to pull your threads to indent fabric
    - Fat batting for stuffing: if you want a thinner look use 2 layers of fat polyester batting instead of polyfil.
      1. Take the 2 layers of fabric with right sides together and place the 2 layers of batting behind the fabric
      2. Sew on your traced line
      3. Cut out
      4. Clip curves
      5. Make a small slit through one layer of fabric
      6. Turn right side out
        - The batting will be in the middle of the doll
      7. Draw your lines where you will sew to intent
        - Your doll will be thinner but will have a puffy look, great for pins or ornaments





**COLOR COPY THE WORK YOU'VE DONE:**

- APPLIQUES
- STITCHERIES
- INKED OR CRAYONED PICTURES
- PAINTED DRAWINGS OR PICTURES
- QUILTS
- DOLLS

**DECOPUGE YOUR PICTURE:**

- BASE COATED WOOD FOR SIGNS
- PUT INTO PHOTO FRAMES
- MAKE INTO CARDS
- SHRINK DOWN PICTURE AND PUT ONTO SMALL SQUARES OF BASE COATED PAPER CLAY FOR PINS

**COPY ONTO IRON ON TRANSFER PAPER:**

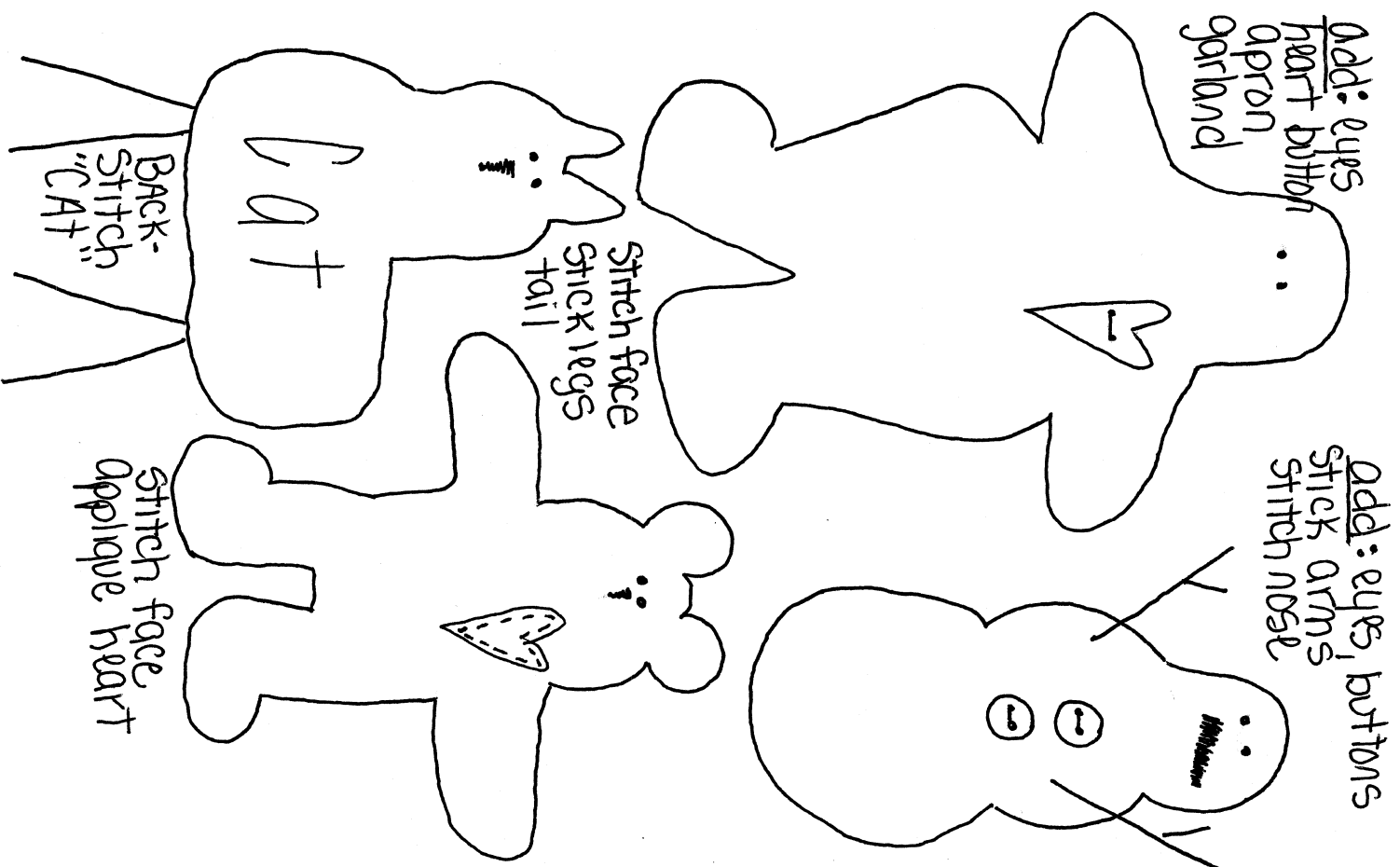
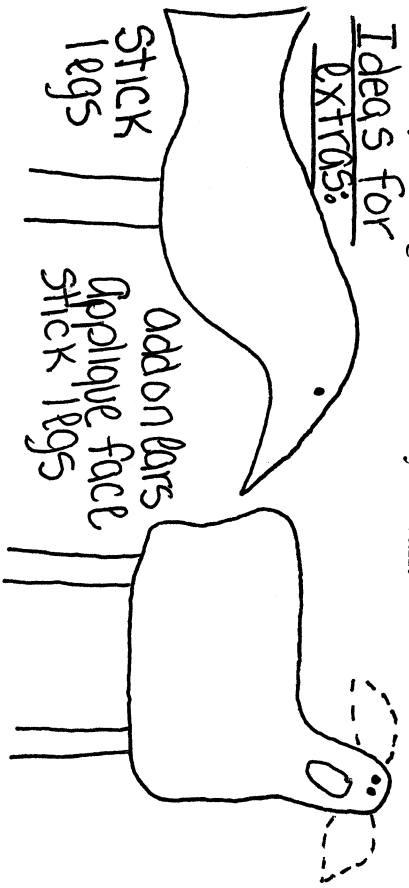
- IRON ONTO PILLOW FRONTS
- DOLL APRONS OR DRESSES
- T-SHIRTS
- IRON ON DOLL FACES
- IRON ONTO WHITE QUILT OR OTHER WHITE QUILTED FABRIC. YOU WILL GET A CRACKLED LOOK. (GREAT WAY TO USE THE WHITE BACKS OF OLD WORN QUILTS)



**One piece fabric body:**

- To make a simple one piece fabric body
  1. Trace out the shape you want.
  2. Cut out your pattern
  3. Trace pattern onto the wrong (back) side of the double layer fabric
    - Cat:
    - A gold fur, colorful calico
    - Snowman:
    - Cotton batting, old white quilt, white muslin, felt, wool
    - Gingerbread man:
    - Brown wool
    - Crow:
    - Black fabric
    - Be creative
  4. Sew around body leaving a small opening or make a small slit in the back through one layer of fabric
  5. Cut out
  6. Turn right side out
  7. Or:
    - Sew pieces with right sides of the fabric out and cut out close to sewn edge and leave seam edge on the outside
    - 8. After stuffing whip stitch slit or opening shut
    - 9. Add stick legs or indent eyes by sewing back and forth through head
    - 10. Whip stitch ears, noses, eyes, tail or other items onto your doll
    - 11. Add any clothing or accessories you want

Ideas for extras:

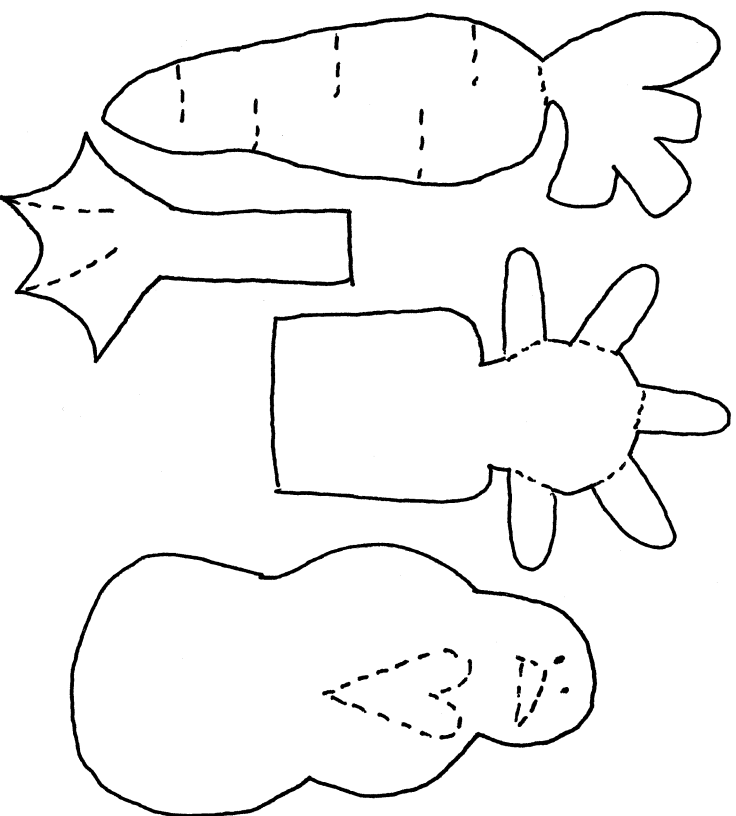
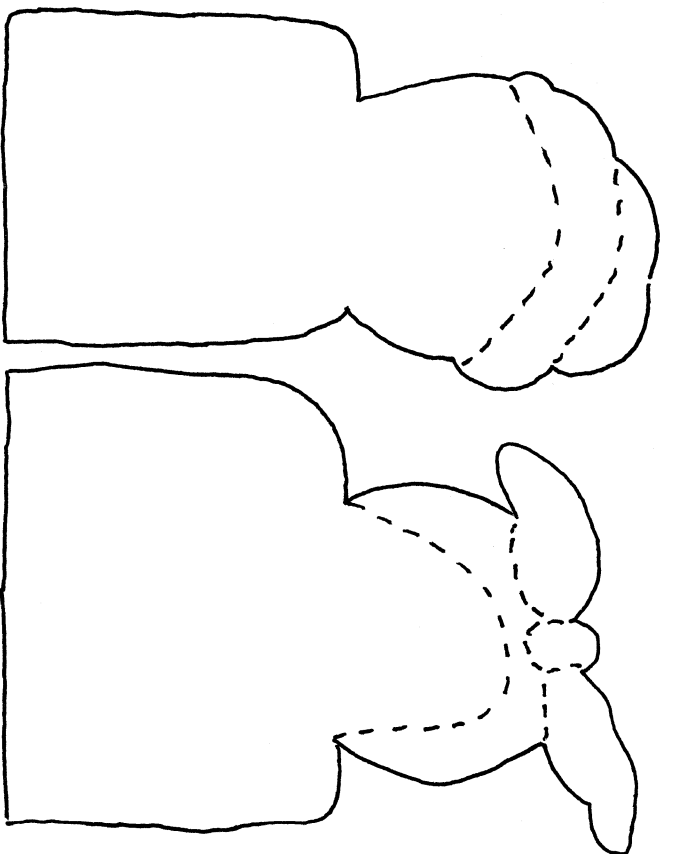
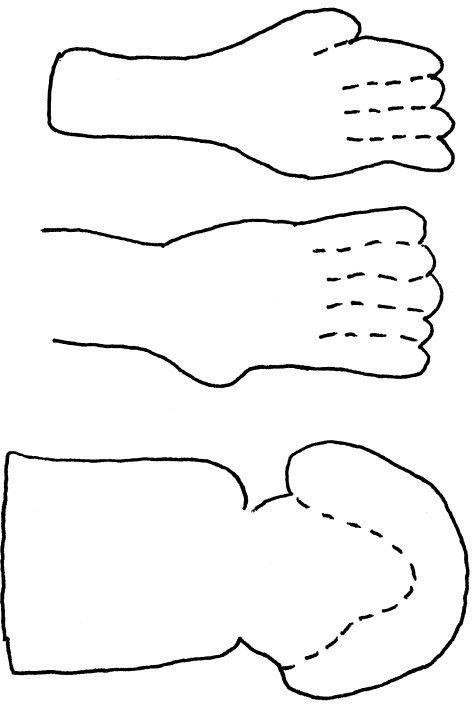


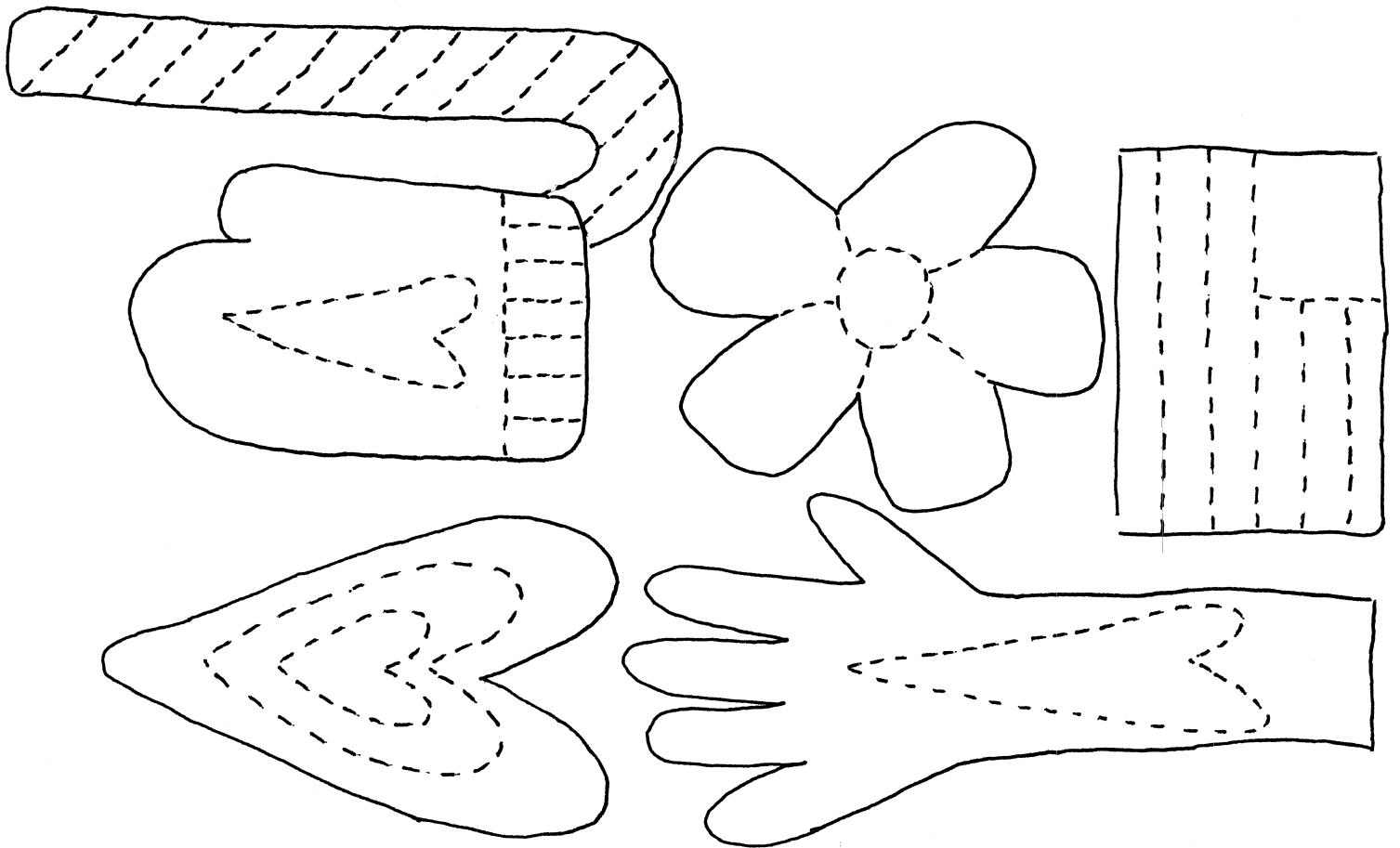
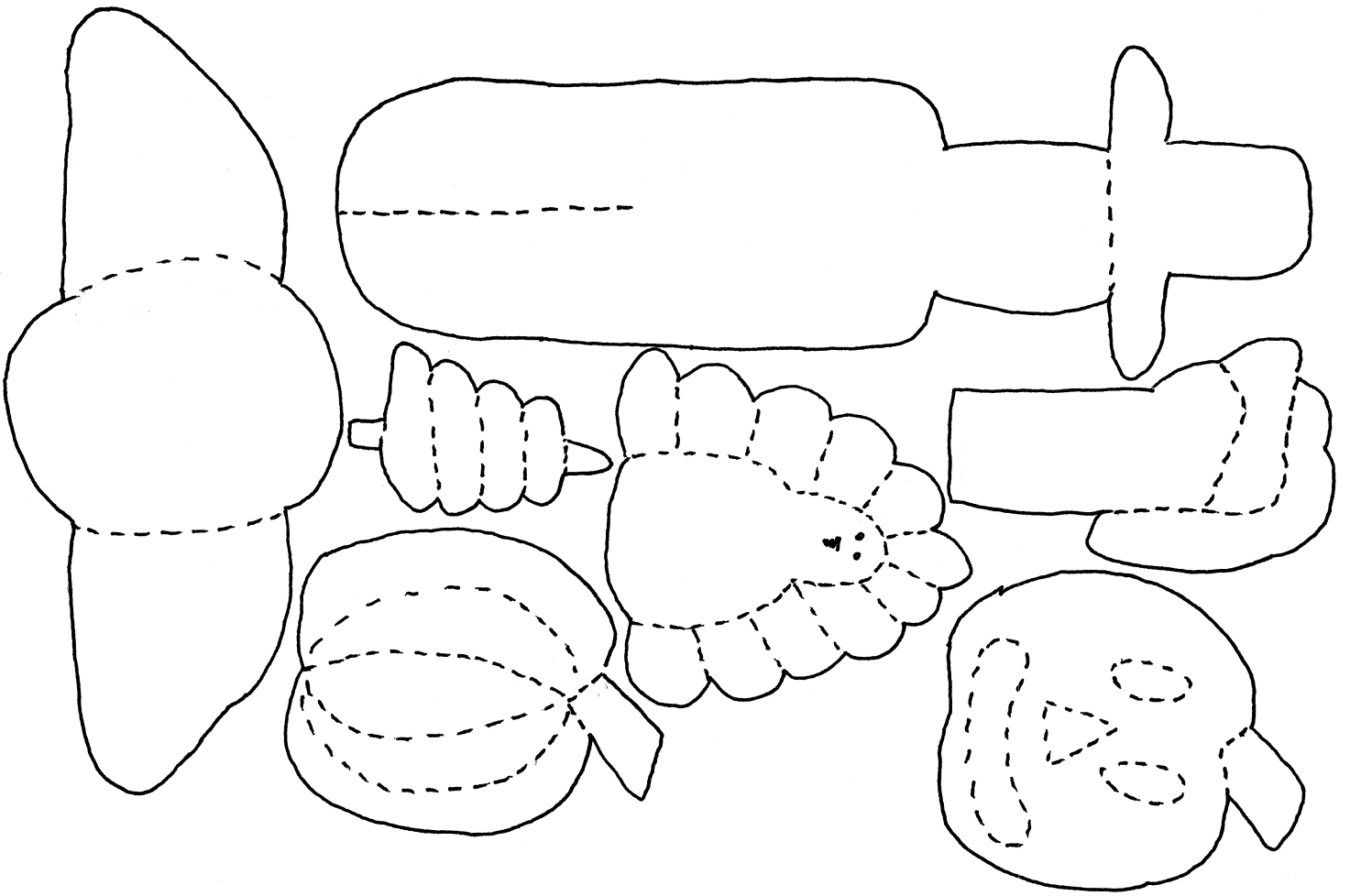
**Sew and sculpt doll:**

- Decide:
  - Type of doll, body, arms, legs you want
- 1. Draw out your pattern
- 2. Sew your fabric
- 3. Cut
- 4. Turn right side out
- 5. Use a pencil and draw your lines that you will be sewing on
- 6. Lightly stuff
- 7. Machine or hand sew across the lines that you have drawn
  - This will indent your doll
- 8. Dry brush with paint, or paint hat, hair or legs
  - This gives dimension to fingers and toes

**Some examples shown:**

Hands with fingers  
Feet with toes  
body with legs  
Heads with hats, scarves, hair  
ornaments / pins with indented features



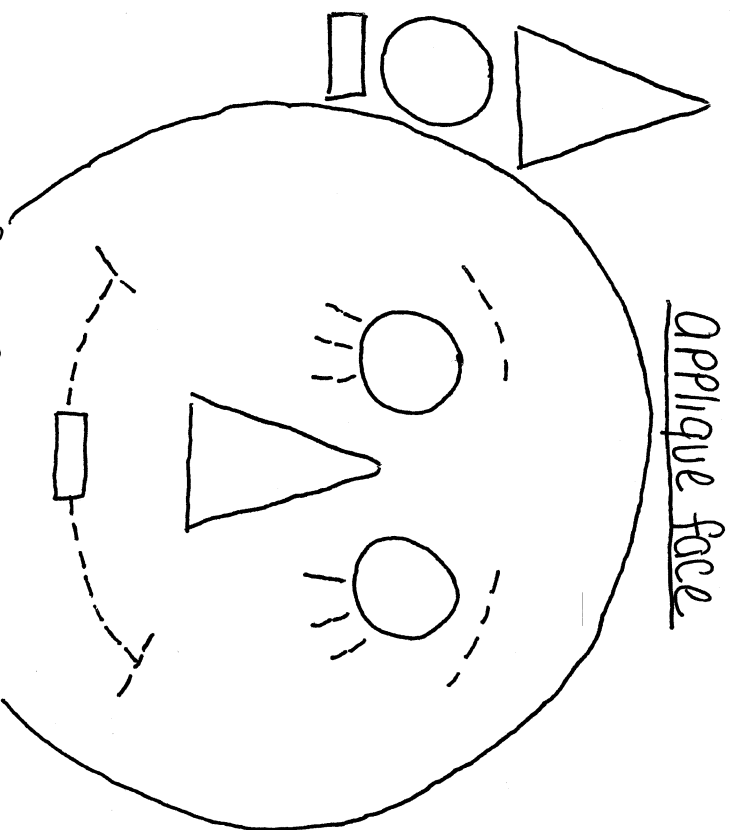


### Appliqué face dolls:

1. Draw out your head/body
2. Sew
3. Turn right side out
4. Trace all your features onto steam-a-seam or fusible web
5. Iron onto back side of coordinating fabric
6. Cut out and iron or sew onto face
  - Example:
    1. Trace the 2 circles, 1 triangle, and 1 rectangle onto seam-a-seam.
    2. Iron the circles on the back side of black fabric, iron the rectangle and triangle onto the back side of red fabric
    3. Cut out pieces
    4. Iron or stitch onto face

### Painted appliqué face dolls:

1. Draw out your head/body and sew from cotton batting
2. Turn right side out
3. Trace all of your features onto seam-a-seam
4. Iron onto cotton batting
5. Cut out all pieces
6. Iron onto face
7. Basecoat whole face
8. Dry
9. Paint each feature their correct color



After Applique, hand stitch mouth and eye lines. Use a running or backstitch

Base Coat:  
head - orange  
stem - green

Painted Applique



eyes nose, mouth - black

add white to eyes, and teeth if desired,

## One piece painted doll:

Examples:

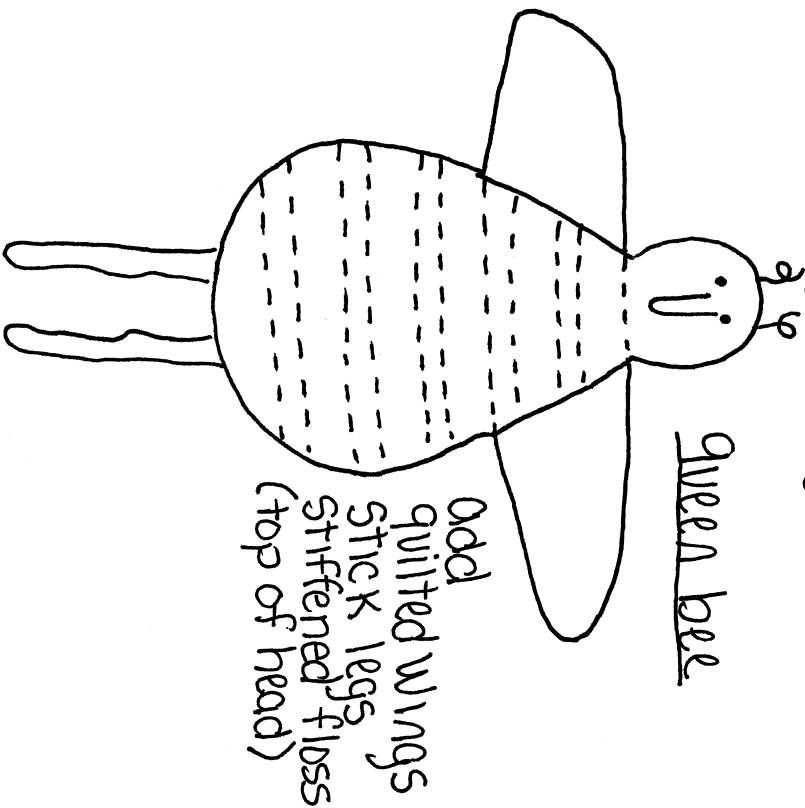
- One-piece doll with dress, hair, shoes:
  1. Draw out a full detailed picture of you doll
  2. Cut out on outside edge
  3. Use pattern and draw around onto back side of your fabric
  4. Sew on traced line
  5. Make a small slit in back
  6. Clip all curves and edges
  7. Turn fabric right side out
  8. Stuff your doll
  9. Whip stitch slit shut
  10. Base coat doll with a very light color
    - TIP: mix 2/3 part paint to 1/3 part hat water or tan dye mixture and sponge brush base coat on
  11. Let dry
    - TIP: for smoother look use a sponge brush and cover whole doll with modge podge or fabric stiffener, let dry then base coat with paint
  12. After base coat is dry draw your detail onto your doll
    - I use a pencil, or for much detail I use card stalk and make a template and trace or draw around
  13. Paint each piece of detail
  14. Let dry before painting any other details over the top
  15. When completely done, you can:
    - Lightly sand, stain, or dye
    - Use a laminating liquid or gloss modge podge over the top
    - Ink detail words or sayings around with a permanent black marker
- Bee:
  - Add wings and legs as part of the one-piece body
  - Or just sew and paint the body and afterwards add stick legs into body and attach old quilt wing to back

## ▪ Humpty dumpty:

1. Make the body as one piece then each arm and leg as one piece
2. Finish all pieces
3. Sew the arms and legs to the body at sides
4. Sew through arms, through body, the through other arms; going all the way through back and forth to hold at sides
5. Do the same thing with the legs

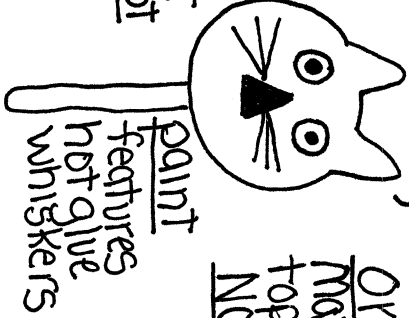
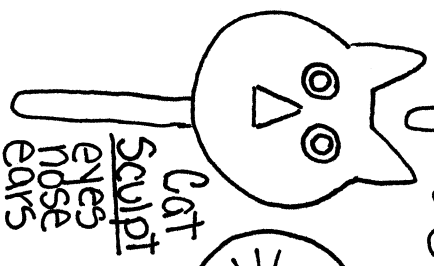
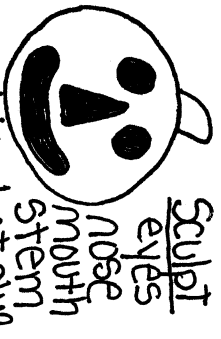
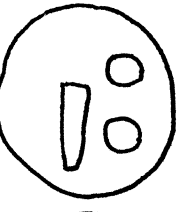
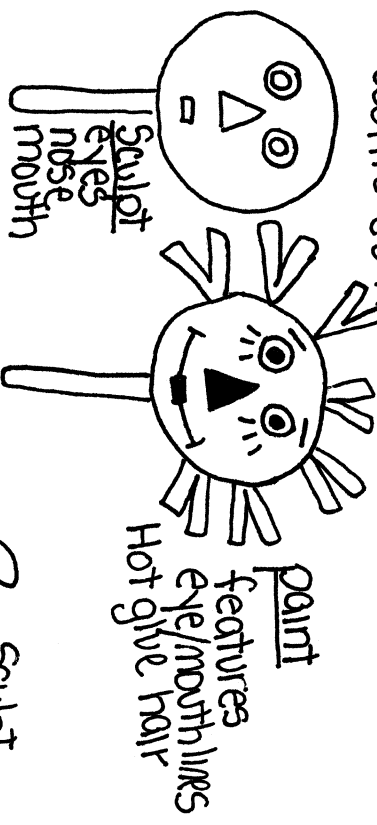
## ▪ Things to consider when deciding what doll to make:

- Theme
- Center of body/ shape: square, rectangle, circle, oval
- Type of head
- Type, if any, wings, arms and legs



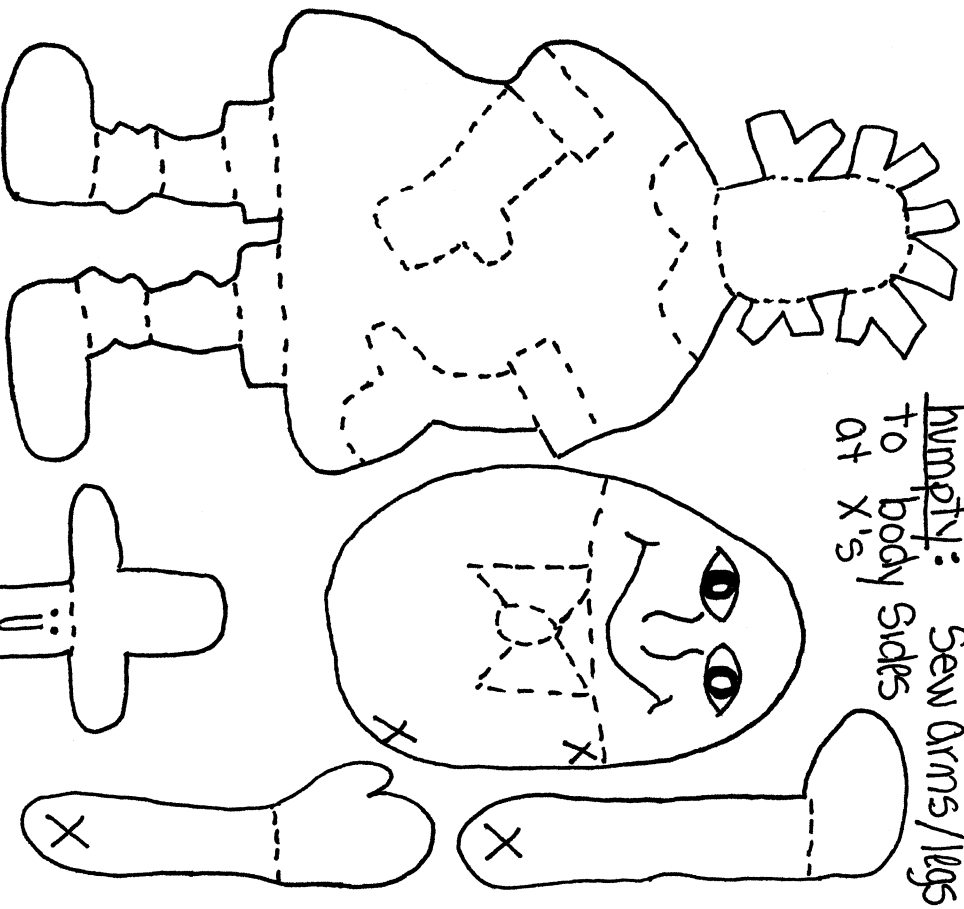
Paper Clay heads:

1. Cover ball with paper clay
2. Roll balls. Add eyes, nose.
3. Form nose, mouth, or other features smooth with fingers.
4. Indent eyes with small circle cookie cutter.

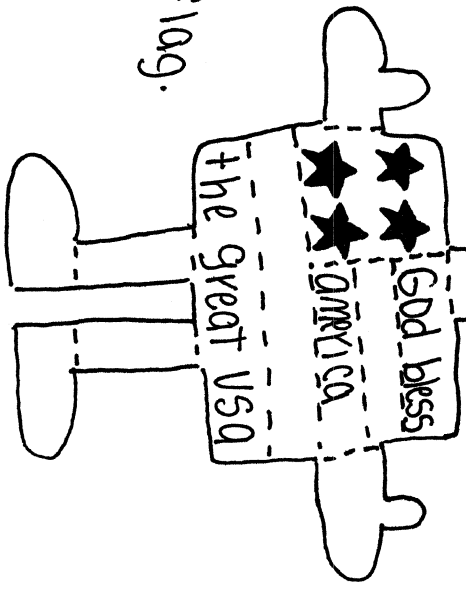


Ornaments:  
 Make small hole at top of head (for hanger)  
 NO hole at bottom.

Humpty: Sew arms/legs to body sides at X's



USA guy:  
 Ink words on beard  
 Sew star buttons on flag.



## Other textured ideas:

### Clear/ snow tex:

- After making you body use clear tex or snow tex over your fabric
  - This will give you a hard textured look
  - Clear tex is the same as snow tex but has no color and can be mixed with the color of paint that you want to use
  - Snow tex is white, great for use on Santa beards and snowmen

### Plaster:

1. After making your body mix Plaster of Paris as shown on plaster instructions. Use 1 part plaster to 2 parts of water.
2. Use a sponge brush and coat doll or dip into plaster
3. Let excess drip off
4. Stand to dry
5. Smooth out and lightly sand if needed
6. When dry, paint

### Sculptey:

- Use sculptey or fimo clay to make a mold or face

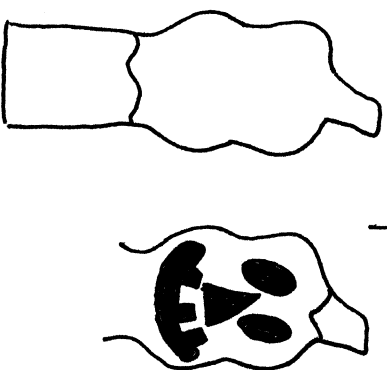
### Paper clay heads:

- I use a 3" Styrofoam ball for my base, for an average 18" doll. This should give you a guide line for size.
- I use paper clay to form around the heads
  1. Keep a glass of water next to you to rewet clay as needed, it dries quickly.
  2. Take a piece of the clay and roll into you hands to make soft
  3. Flatten out and form around the ball, use a little water if needed
  4. Smooth clay all the way around ball
    - I use a large round clothes pins and push part way into the ball, open end of clothes pin will go into body at neck area
  5. Take another piece of clay and make facial features

6. Put pieces onto face and blend into the face with your fingers, use a little water to smooth
7. Use a small circle cookie cutter to make pupils in eyes
8. Use a stiff painting brush to give texture
9. After sculpting your head let clay head dry, stand so all sides will dry evenly
10. After clay head is dry you can sand with a sanding stick for a smoother look
11. Paint
12. You can sand again then stain
13. Spray with a clear sealer if you desire a shinier look
14. When putting head into body hot glue into neck and reinforce with a running stitch around neck area of body
15. You can hot glue hair to top of head
  - Paper clay is also a great way to make eyes and added features to your doll.
  - Roll out balls, make 2 small holes in center to sew onto dolls face for eyes. Use a star cookie cutter and make small star buttons or any other added accessories that you might like.

## Plaster head

1. Sew and stuff body.
2. Dip or sponge head with plaster to neck.
3. let dry. Paint.



**Sculpted and textured faces:**

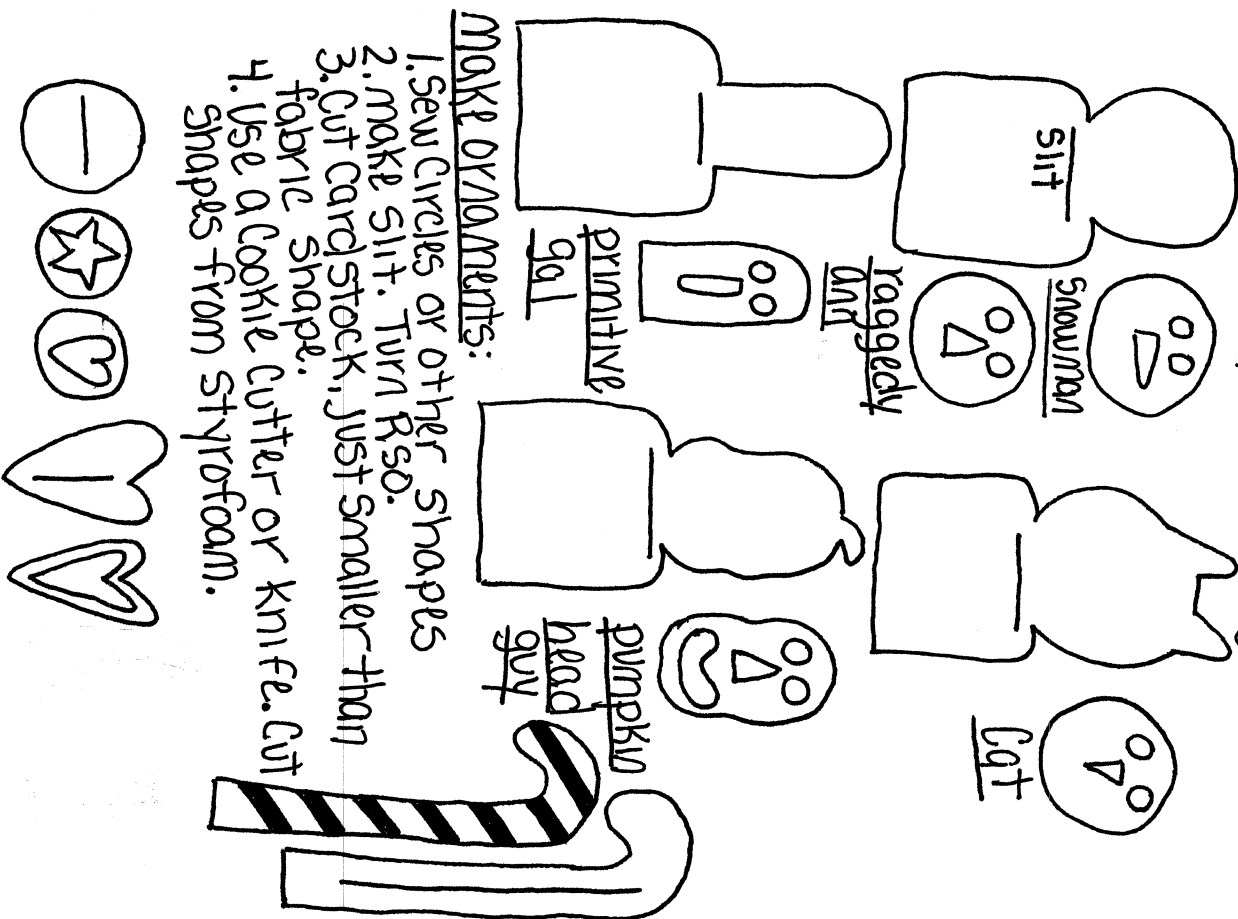
Modge podge:

- Design the body you want to use and which parts you want to be sculpted—eyes, nose, mouth, etc...

- Cut out a circle (or whatever shape your head is) about 1" smaller than the size of your head from card stock
- Use your pattern for your guide then use an exacto or knife and cut out nose, mouth, and other pieces from 1/2" Styrofoam
- Use a 1" ball cut in half for eyes (flat side down) for medium size dolls
- Hot glue Styrofoam to cardstock to make your doll face
- Trace and sew your body onto a cotton batting or wool felt (a thicker stretchy fabric) sew all the way around body
- Make a slit in the back of body through one layer of the fabric the slit should go up to neck area
- Turn right side out
- Stuff body up to neck
- Using a sponge brush put modge podge onto cardstock front, over the cardstock and Styrofoam, layer on inside of face front
- Slightly fold cardstock and put onto the head—be sure eyes and nose are centered onto face
- Stuff the rest of the neck and the head
- Whip stitch slit shut (do this right away. DO NOT wait long or inside modge podge will dry)
- Put modge podge on the whole outside of the head
- Put in the microwave for 1 minute "CAUTION" depending on the wats of your microwave you may need less time.
  - You may want to start with 15-20 seconds and then take it out and it will be slightly tack
- Form around Styrofoam pieces again
- Let set for a minute or two
- If it is still real wet put in for another 15-20 seconds,
- Take out and let dry—It should dry hard with in 10-30 minutes
- When dry paint
- After painting use a sponge brush and medium stain and stain over pieces
- Wipe off excess stain and let dry
- If you like a shinier look spray with polyurethane when you are done painting

Sculpted face/ornament  
examples:

- Sew body, turn RSD. make slit.
- Cut Card stock just smaller than head.
- Cut out Styrofoam. Hot glue to cardstock.



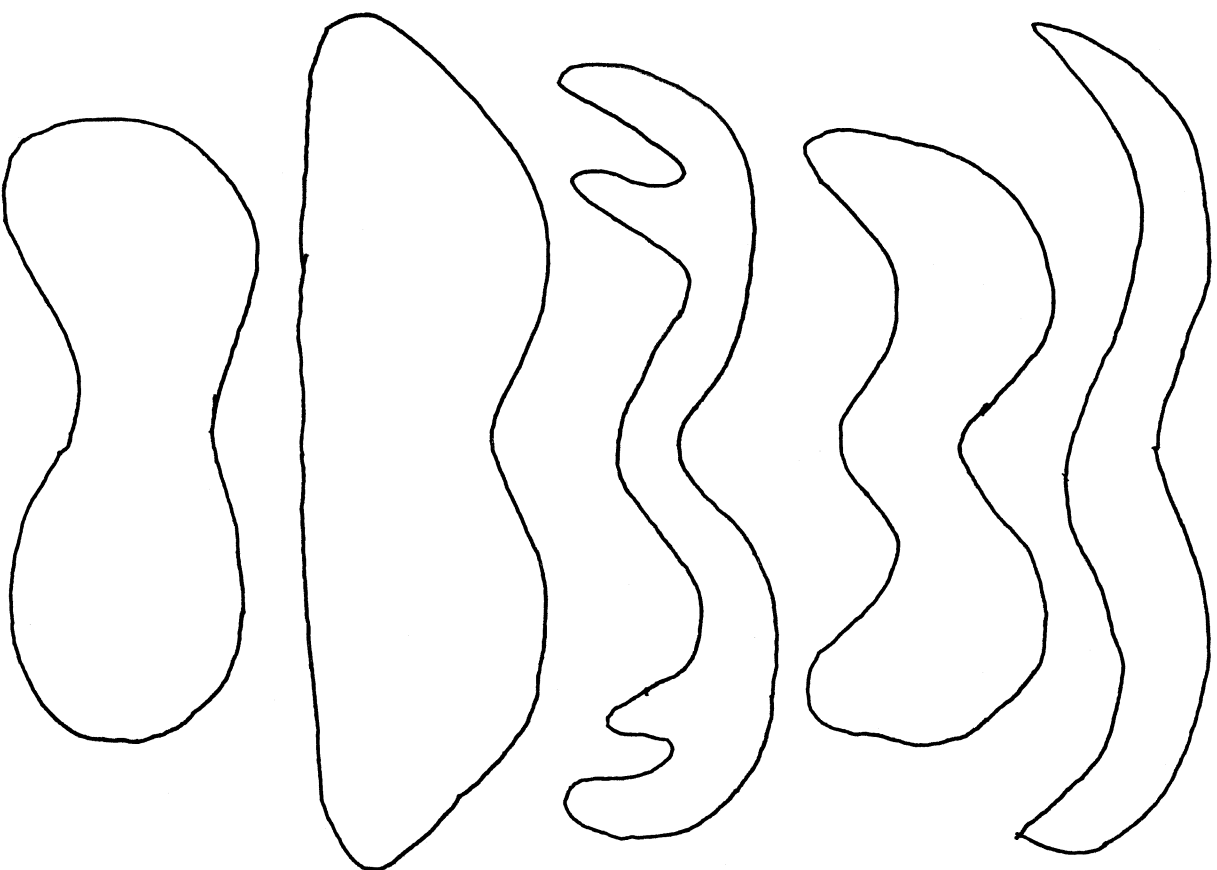
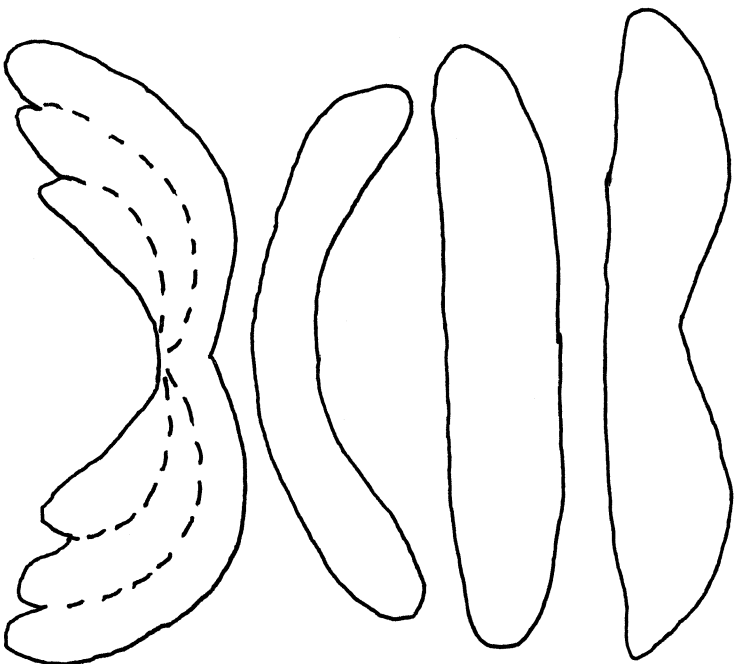
MAKE ORNAMENTS:

- Sew circles or other shapes
- make slit. Turn RSD.
- Cut cardstock, just smaller than fabric shape.
- Use a cookie cutter or knife. Cut shapes from styrofoam.



## Wings:

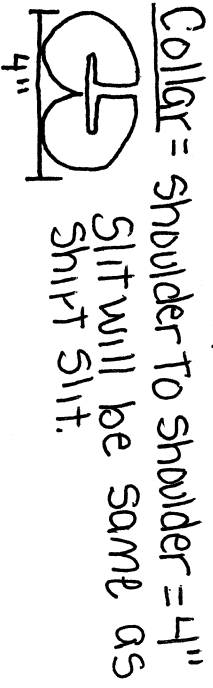
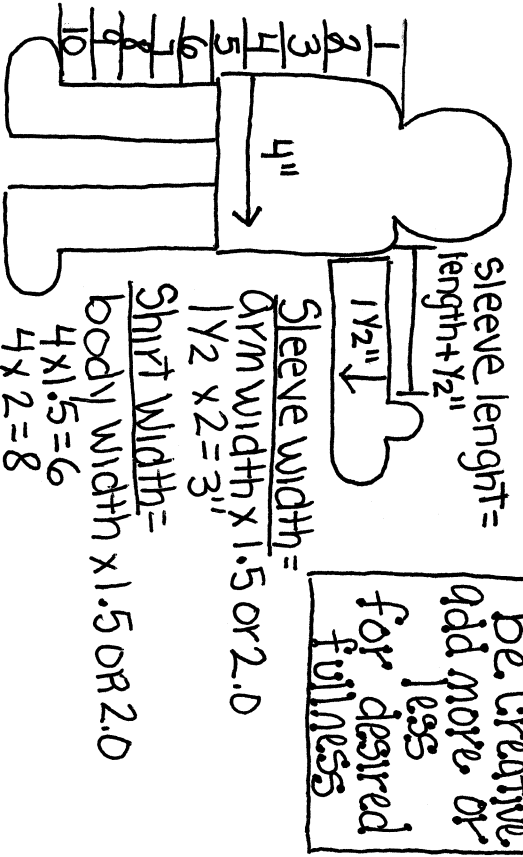
1. Draw the shape of wings you want on double layer muslin with fat batting behind
2. Stitch to indent if desired
3. Paint
4. Use and old quilt and stiffen with fabric stiffener
5. Cut from wood or rusted tin
6. Use a bundle of sticks
7. Tie in the center for wings
8. Stiffen feathers and attach at the center
9. Use netting
  - A rolling pin, clothes pins, use a thick stick, wrap with strips of fabric and hang small stars across
  - Wooden spindles, fencing, lattice
  - Rug hook or needle punch wings and attach to doll
  - Cut from card stock and cover with fabric



**Basic Clothes:**

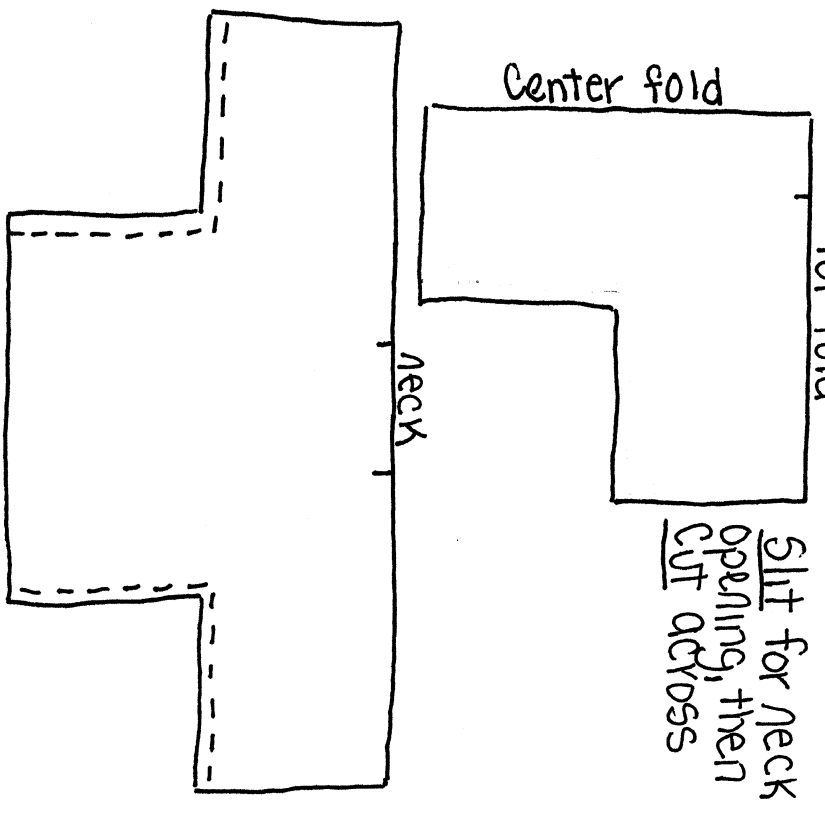
Basic clothing patterns and sewing techniques:

- Width for shirts, bodices, dresses, pants, and coats is 1.5 times the size of your doll body width
  - Example: body pattern 4" then clothes should be 6" wide
- Width of sleeves: 1.5-2 times the width of the arm
- Length for shirts, coats, dresses: measure from shoulders of body to as far down as desired, then add 1/2" for hems
- Length of sleeves: measure from shoulder of body to desired length. Add 1/2" for hems
- Length of collar: measure from shoulder to shoulder on shirt. Opening should fit in slit for neck
- Width of gathered skirts or apron: 2 times the width of the body, or 1.5-2 times the width of the dress bodice
- Pants length and inseam: measure from waist to desired length on leg. Add 2". Inseam will start at bottom of body measurement plus 1.5" to bottom of pants.

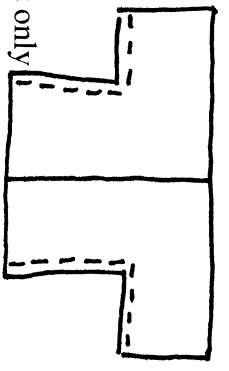


- Shirt/ straight dress/ coat:

1. Cut out pattern
2. Fold pattern in half at center
3. Lay pattern on fold and cut out
4. Slit neck for opening
5. Open center fold
6. Sew underarm and side seams
7. Clip corners, turn right sides out
8. Hem bottom, sleeves, and neck

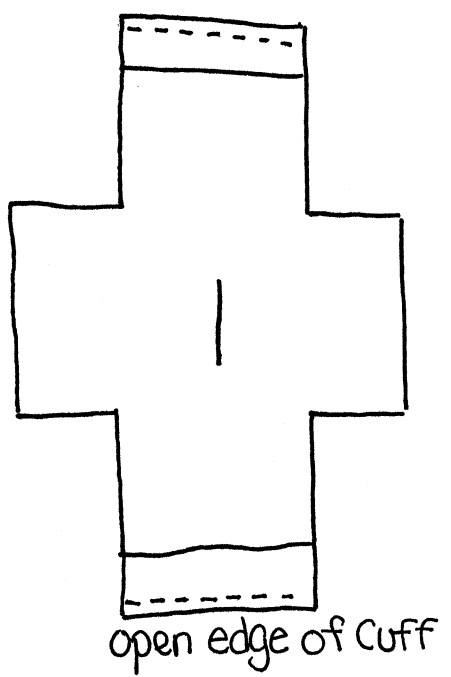
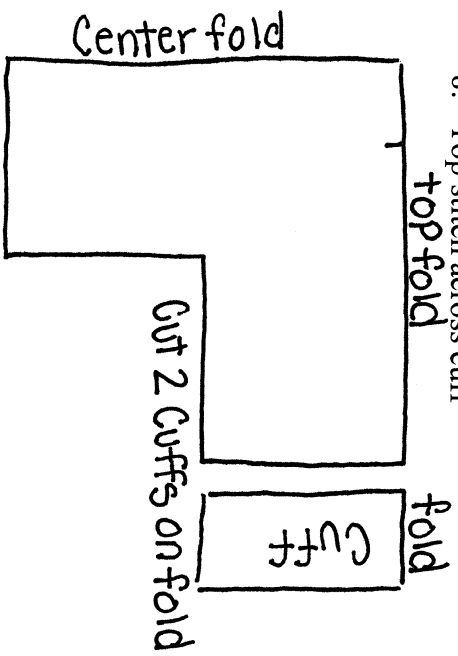


- Coat:
  1. Cut up center fold in front only
  2. Hem sleeves, bottom, and center opening



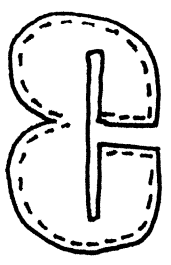
▪ Shirt/ dress with cuffs and collar:

1. Cut shirt or dress
2. Cut cuffs on fold same width as sleeve width
  - Length of cuff will be double the size you want plus 1/2"
3. Open shirt or dress wrong side out
4. Lay open end of cuff on end of sleeve
5. Sew open end of cuff to sleeve
6. Fold cuff over to front
7. Iron flat
8. Top stitch across cuff

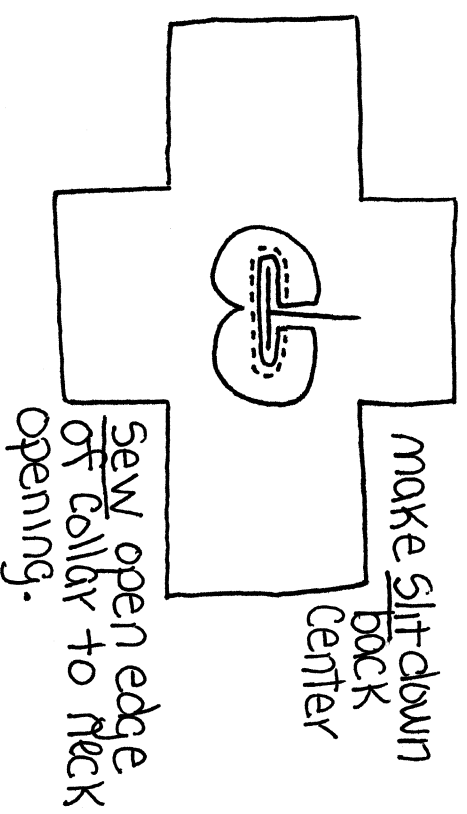


▪ Collar:

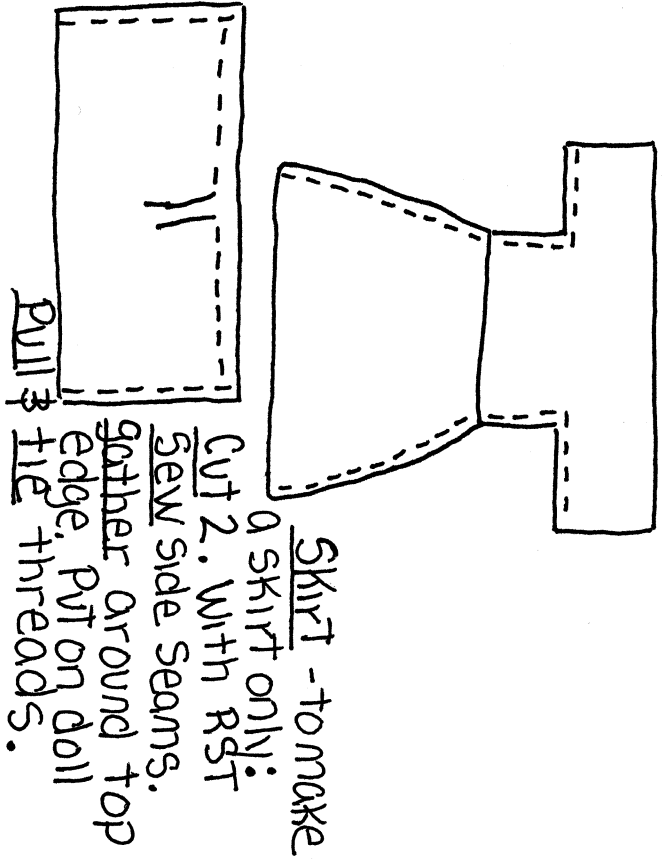
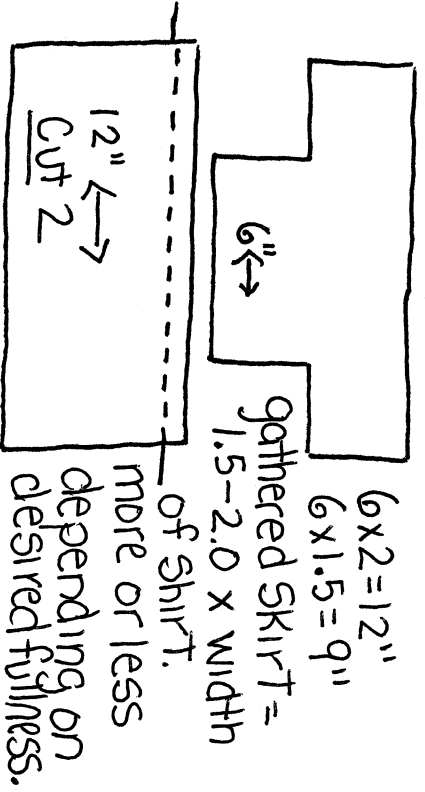
1. Cut 2
2. Sew around with right sides together
3. Leave open in the center
4. Clip curves
5. Turn right sides out
6. Press flat
7. Open shirt or dress wrong sides together
8. Make another slit from neck opening down back 2" long
9. Lay collar opening on neck slit opening, back of collar on either side of back slit
10. Sew open edge of collar to neck opening
11. Clip corners
12. Push collar through to front of shirt
13. Iron flat
14. With right sides together sew under arm and side seams
15. Hem bottom



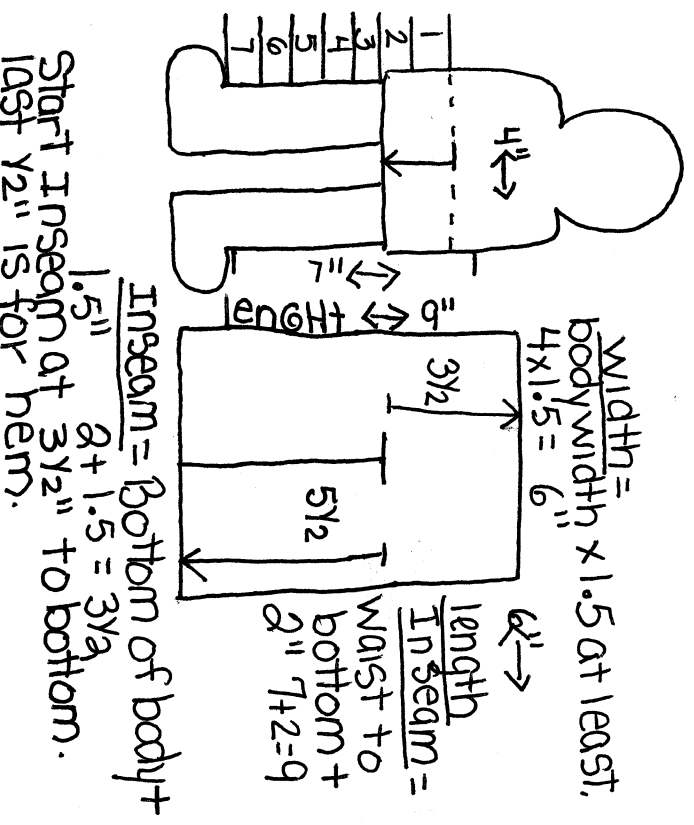
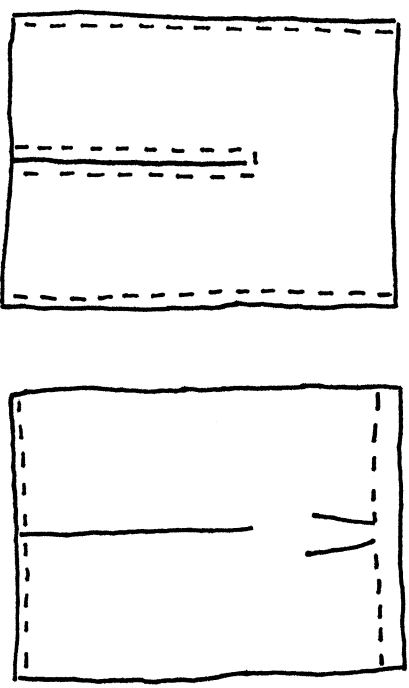
Collar - Cut 2. With RST Sew around outside edge. leave center open.



- Dress with bodice and skirt:
  1. Cut bodice like shirt
  2. Cut 2 skirts, (1 front, 1 back)
  3. Gather skirt edge to fit bodice width
  4. With right sides together sew front skirt to front bodice
  5. Repeat, only with the back
  6. With right sides together sew under arm and side seams
  7. Hem bottom, sleeves, and neck area



- Pants:
  1. Cut 2 pants
  2. Cut inseam
  3. With right sides together sew inner leg and side seams
  4. Clip edges
  5. Turn right sides out
  6. Hem bottom
  7. Gather waist

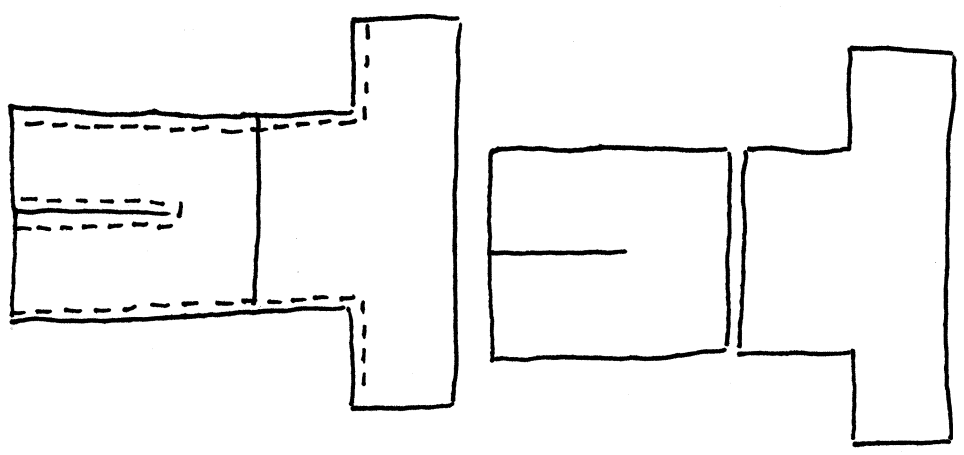


## Extras:

- Stitches:
  - Use 3-6 strands of colored floss and backstitch, satin stitch, and make french knots
  - Use a piece of cotton batting or felt behind your fabric when stitching if it is thin
  - For added color: dry brush stitched picture with paint
  - Uses:
    - Stitch a saying or picture on:
      - Dresses, aprons, or coats
      - As an accessory
      - Pin, pillow, blanket, framed picture
- Rug Hook:
  - Rug hook an image through a loose weave fabric
  - Uses:
    - Apron, dress, coat, as an accessory
- Crayon Picture:
  1. Cut muslin or other light colored fabric
  2. Iron freezer paper to the back side. (wax side to fabric this will keep fabric stiff while drawing and coloring)
  3. Use a light box or window and transfer your picture onto the fabric with a black permanent marker
  4. Use colored crayons and color your picture
  5. Color base color first, then add any shading around edges
  6. Take a piece of white paper and lay on top of finished crayon picture
  7. Iron picture with hot iron (no steam) do not move paper or color can smear
  8. Re-color if you want a darker picture and repeat
    - Uses:
      - Color images for the bottom of a dress, apron, coat, or doll face
- Stencils:
  - Make stencils and stencil picture onto clothing or faces
  - Use shrink art paper (a thin plastic sheet, found at craft shops)
- Also use an electric stencil cutter
  1. Place a piece of clear glass over the image you want to make a stencil from
  2. Put shrink paper on top of glass
  3. Use hot tip and cut out stencil using your picture as your guide
- Iron on transfer:
  1. Use iron on transfer paper and print a color image from your printer or copier
  2. Iron onto fabric for dresses or aprons
    - For an aged look iron transfer onto a quilted light colored fabric
    - This will give your image a cracked look
- Appliqué:
  1. Cut out any images from colored fabric
  2. Iron or sew onto clothing
  3. Iron steam-a-seam to the back of your fabric
  4. Use desired die cut and iron on to fabric
- Hair:
  - Dyed cotton mop:
    1. Use a cotton mop and desired color dye
    2. Boil in an old pot on the stove
    3. Rinse well
  - Wool strips
  - Raffia
  - Stringlet hair
  - Stiffened floss
  - Fabric strips
  - Sticks
  - Flax
  - Directions:
    1. Pull hair through head
    2. Tie
    3. Sew or hot glue hair on

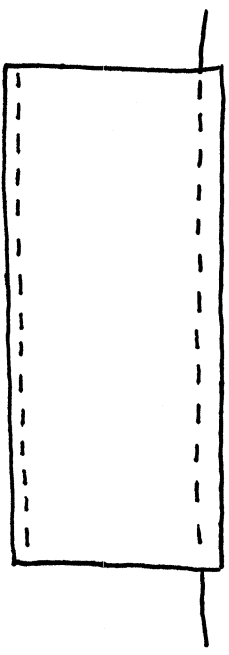
1-piece pant suit:

1. Cut bodice like shirt
2. Cut 2 pants—pants width is same as bodice width
3. Make slightly wider and gather to fit bodice width if you're making puffy pants
4. With right sides together sew pants front to bodice front
5. Do same for back
6. With right sides together sew underarm, side, and inner leg seams
7. Hem sleeves, pants bottom, and neck



Apron:

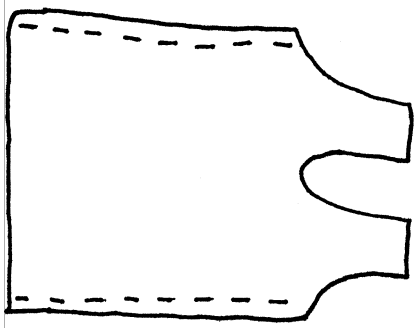
1. Cut 1
2. Gather across top edge
3. Tack stitch to doll or leave gather threads hanging at both ends and tie around doll
4. Hem bottom



Add  
 stitchery, Applique,  
 painting, crayoned picture,  
 or any other detail to  
 apron before you gather.

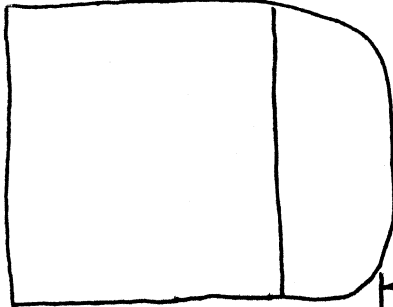
Pinafore:

1. Cut 1 on fold (at shoulders)
2. With right sides together sew side seams
3. Hem

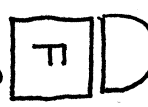


Same as Apron:  
Add all detail  
 to pinafore  
 before sewing  
 side seams,

## Purse

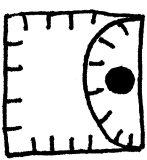
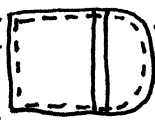


1. Cut purse pattern to desired size
2. Cut 2 from fabric as shown.

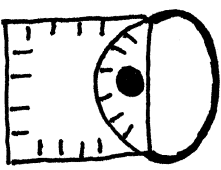


back is 1 piece  
front is 2 pieces

3. fold front edge piece under  $\frac{1}{4}$ " and Sew across.
4. With RST, sew around front to back. trim excess. Clip Curves. Turn RSD Press flat with steam iron.



5. blanket stitch around outside edge. Sew on button. make button hole.
6. tack Stitch Cording to side edges.

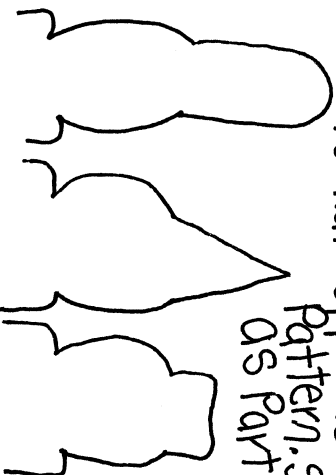


on the front of your Purse; attach

1. An Applique
2. needle punch picture
3. rughook ornament
4. stitchery picture
5. Painted cloth or wood pin
6. Sculpted head or buttons

## HOT

1. Add a hat topper to top of body. Pattern. Sew and stuff as part of body.

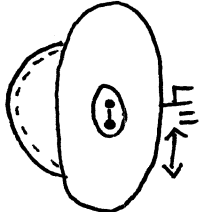


2. Cut a brim from heavy cardstock.

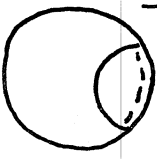
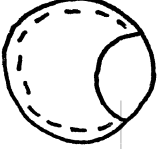
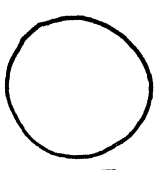
3. Paint hat and brim
4. Put brim over hat.



Cap  
An 8" circle will make a 4" cap



1. Cut 1 circle from fabric. Cut 2 brims.
2. RST sew rounded edge of brim. Turn RSD.
3. Sew open edge of brim to edge of circle.
4. hand gather rest of circle. Pull thread. tight to gather. tie. knot.
5. Sew a button on top center



## RUG HOOKING.

- USE MONKS CLOTH, BURLAP OR HOOKABLEABLE WOOL TO HOOK YOUR PICTURE ONTO.
  - CUT OUT PATTERN
  - TRACE AROUND WITH A BLACK MARKER. OR TRACE PICTURES BACKWARDS WITH AN IRON ON MARKER ONTO PAPER, THEN IRON ONTO MONKS CLOTH.
  - CUT YOUR PIECE OF MONKS CLOTH AT LEAST 3" LARGER ALL AROUND FROM TRACED AREA. FOLD EDGES BACK 1" AND SEW A MACHINE STITCH AROUND EDGES. (SO CLOTH WILL NOT UNRAVEL WHILE HOOKING)
  - PUT FABRIC INTO FRAME AND PULL SO IT IS TIGHT.
  - START BY HOOKING THE MOST INSIDE CENTERPIECES FIRST. HOOK AROUND THEIR EDGES WORKING YOUR WAY INTO THEIR CENTER OF EACH PIECE.
- HOOKING:**
- HOLD A STRIP OF WOOL IN YOUR LEFT HAND (IF YOU ARE RIGHT HANDED) UNDER THE FABRIC AND FRAME. HOLD THE HOOK IN YOUR RIGHT HAND ON TOP OF THE FRAME. PUT THE HOOK INTO THE FIRST HOLE AND PULL THE STRIP THROUGH TO THE TOP OF THE FABRIC ABOUT 1/2", GO INTO THE NEXT HOLE, PULLING LOOPS OF WOOL STRIPS UP ABOUT 1/2". HOOK ABOUT EVERY OTHER HOLE. (THIS WILL DEPEND ON HOW THICK OF WOOL YOU ARE USING)
  - AFTER ENDING ONE STRIP, START THE NEXT STRIP INTO THE SAME WHOLE THAT YOU ENDED WITH.
  - AFTER HOOKING WHOLE PICTURE, TRIM ALL HANGING AND HIGH ENDS. —

## ROLLED WOOL EDGE BINDING:

- AFTER HOOKING IS DONE, CUT MONKS CLOTH 1 1/2" FROM EDGE OF HOOKING. IRON 1/2" STRIPS OF STEAM A SEAM TO CLOSEST EDGE TO HOOKED AREA. (ALL THE WAY AROUND)
- FOLD MONKS CLOTH IN HALF ONTO STEAM A SEAM (EDGE WILL NOW BE 3/4" IRON FLAT.
- USE A LARGE EYE TAPESTRY NEEDLE AND THREAD A STRIP OF WOOL AND SEW LOOPS AROUND MONKS CLOTH EDGE ALL AROUND PICTURE. GO IN THROUGH THE BACK AND UP THROUGH WHERE THE LAST HOOKED ROW IS. PULL STRIP UP, LEAVING 1" IN BACK. WRAP STRIP AROUND TO BACK AND UP

THROUGH THE NEXT HOLE, TILL YOU HAVE GONE ALL THE WAY AROUND. COVER END PIECES BY MAKING YOUR LOOPS OVER THEM.

## FOLDED EDGE BINDING:

- CUT OUT MONKS CLOTH AND IRON ON STEAM A SEAM AS SHOWN IN ABOVE INSTRUCTIONS.
- AFTER IRONING EDGE TO 3/4" THEN FOLD THAT EDGE ONTO HOOKED RUG (BACK SIDE) AND IRON FLAT (SO NOW THE EDGE WILL STILL BE 3/4" BUT IS LYING FLAT ONTO BACK OF RUG)
- CAREFULLY WHIP STITCH MONKS CLOTH EDGE TO RUG.

## FINISHING HOOKED PICTURES:

- TAKE A VERY WET TOWEL AND LAY ON HOOKED PIECE, USE A HOT STEAM IRON AND PRESS.
- I HAVE USED WOOLS AND WOOL FELTS FOR SEVERAL LOOKS WITH THE SAME PATTERN.

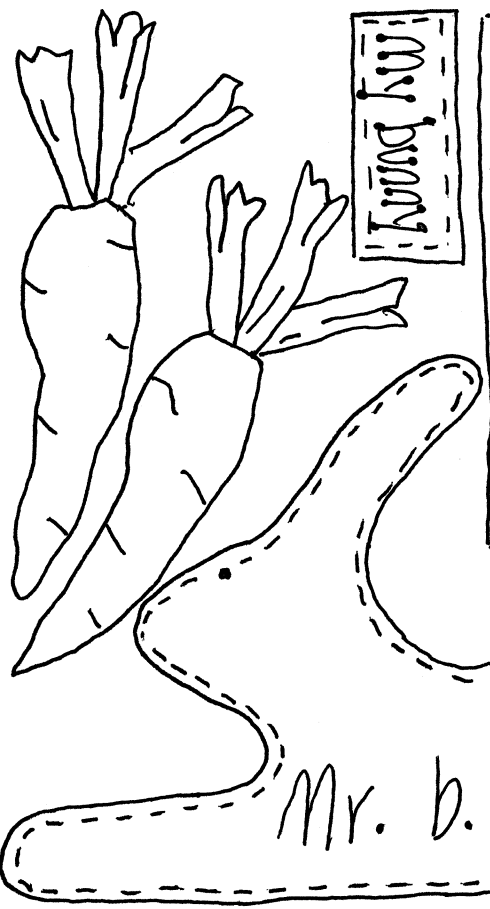
## RUG HOOKED DOLLS:

- TRACE BODY ONTO MONKS CLOTH. USE A BLACK MARKER AND TRACE AROUND TEMPLATE.
- RUG HOOK HEAD UP TO NECK AREA.
- CUT OUT 2" FROM BODY.
- WITH RST TOGETHER, SEW BODY TO BACK FABRIC. SEW THROUGH THE CENTER OF THE LAST HOOKED ROW.

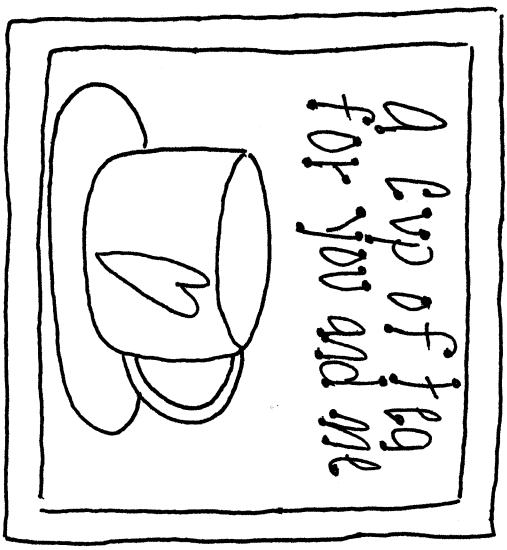
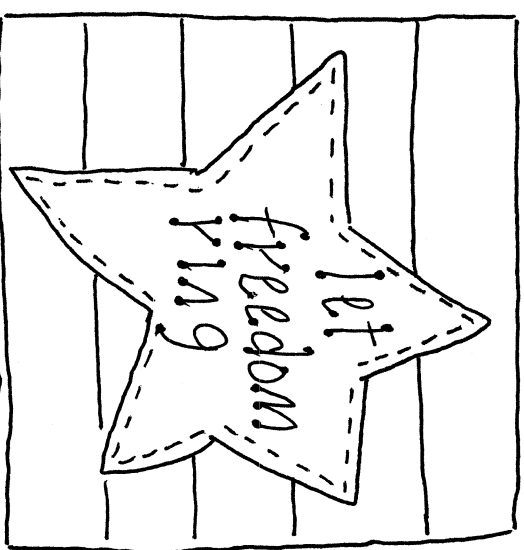
## IDEAS:

- ENLARGE YOUR SMALL DESIGNS AND RUG HOOK.
- RUG HOOK SMALL ORNAMENTS OR PURSES
- RUG HOOK WINGS
- REDUCE YOUR DESIGNS AND NEEDLE PUNCH MAKE NEEDLE PUNCH DOLLS. SEW THE SAME AS RUG HOOK DOLLS





my bunny!



Pitter Patter Peter Rabbit

my friend floppy!

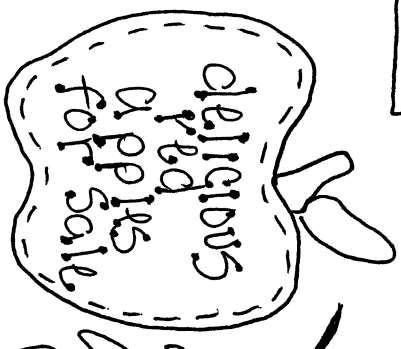
hippity hop  
hippity hop  
my furry friend

Mr. b. rabbit

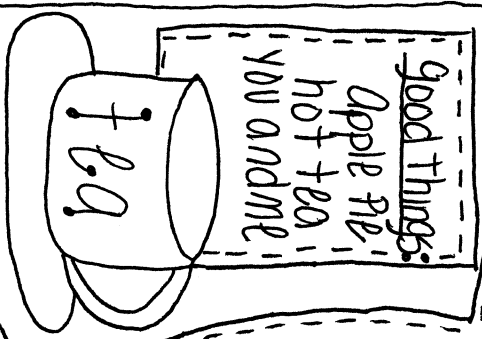
I love rabbits

Carrot stew for 2

Thanksgiving: no matter how large or small the harvest, there is still always enough to share



Cookies and tea for you and me!



good things:  
apple pie  
hot tea  
you and me



holly berries!

gingerbread cookies

Mix in some dough  
CINNAMON  
RAISINS  
That's what makes  
gingerbread grow

roll out the dough  
cut 12. to a foot  
heat up your oven  
bake your  
gingerbreadman

an old bears wisdom!

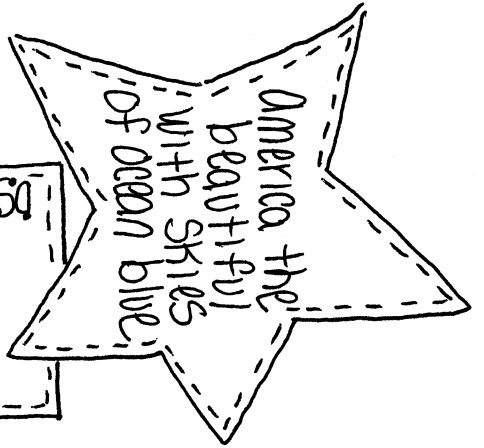
big bear  
big heart  
big hug

Sit with me  
under the  
apple tree

love,  
joy,  
peace,  
heaven,  
on earth.



let freedom  
ring  
for all to  
hear



freedom for all who believe  
Stars and Stripes through  
rolling plains

America rides the tides  
of freedom and justice for all

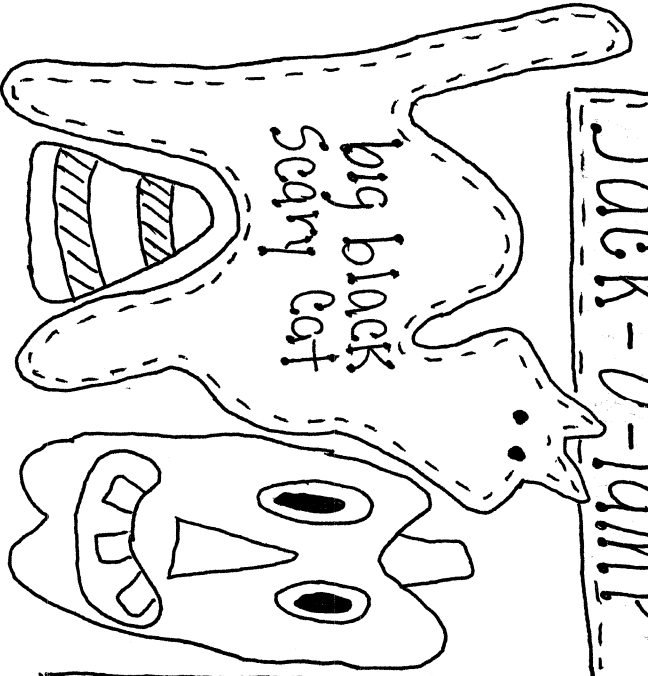
AMERICA

Stars  
of courage,  
of peace, and  
freedom

let the  
bells ring  
for freedom  
and justice

God bless America, the great USA  
where blessings are many  
and freedom is grand  
let us always remember  
the things of this land

JACK-O-LAMP

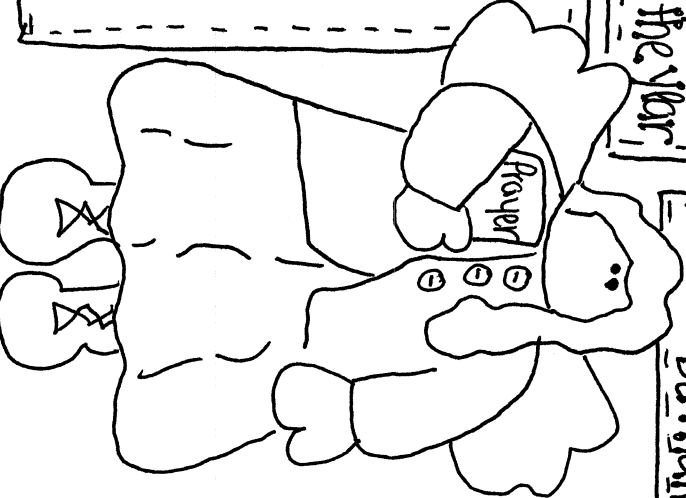


all Cats welcome:  
big cats, small cats,  
thin cats, fat cats,  
gold cats, kitty cats,  
I love cats

find joy and  
happiness in  
each day of the year

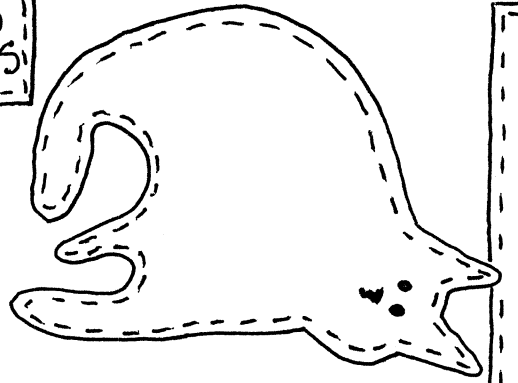
may your trials be few  
and your blessings  
be many

through times  
of trials  
and victories,  
each thought  
each wish you  
bring to me,  
not one is lost  
they're held  
with care,  
in the book  
of angel prayers

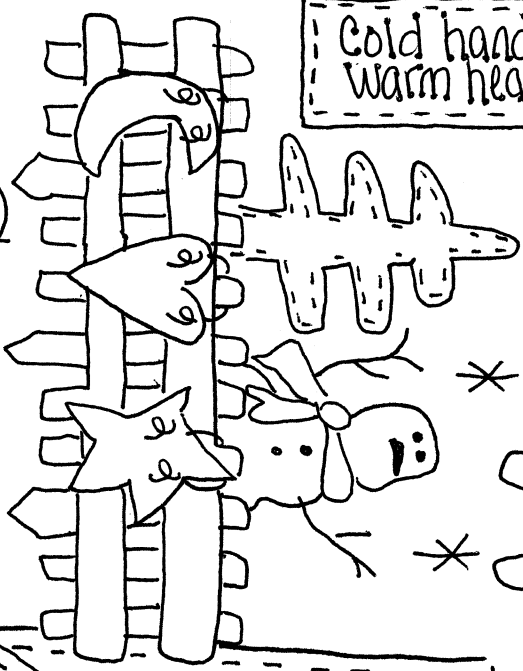


happiness is found within

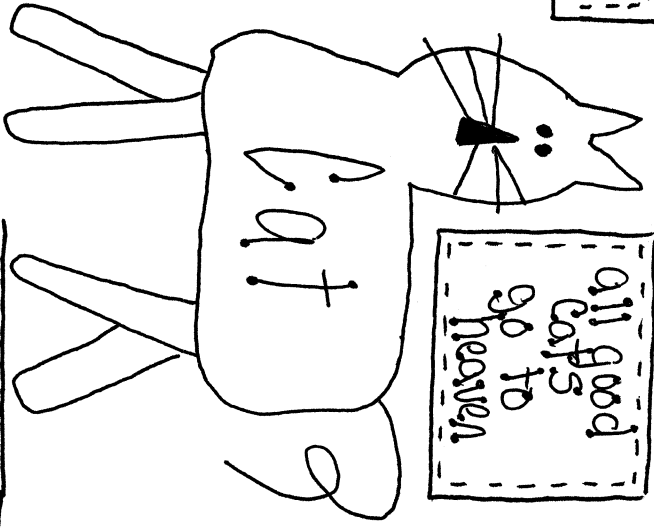
Free Milk: Cats needed



Cold hands  
Warm hearts



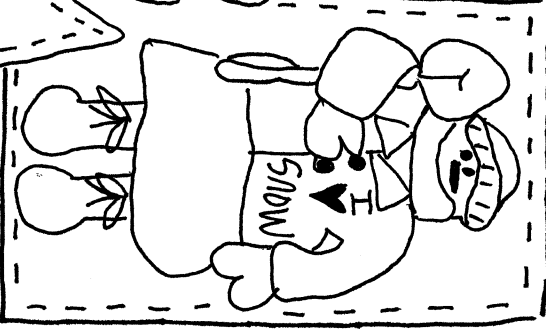
All good  
Cats  
go to  
heaven



May the  
love in  
your heart  
shine  
through

The stars  
Shine bright  
that silent  
night

Wish Upon  
a star fish

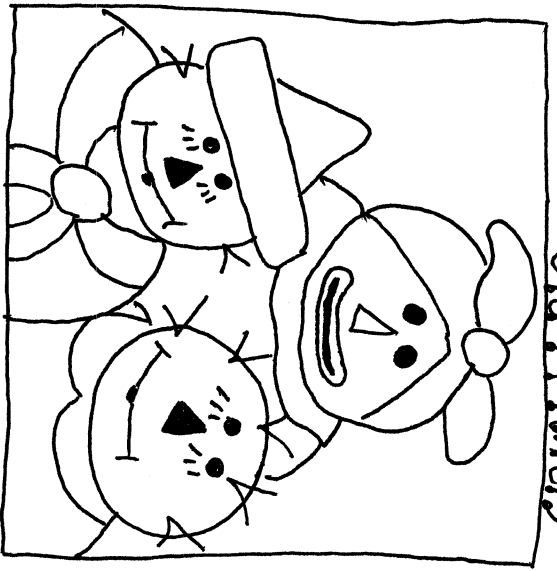


Autumn leaves

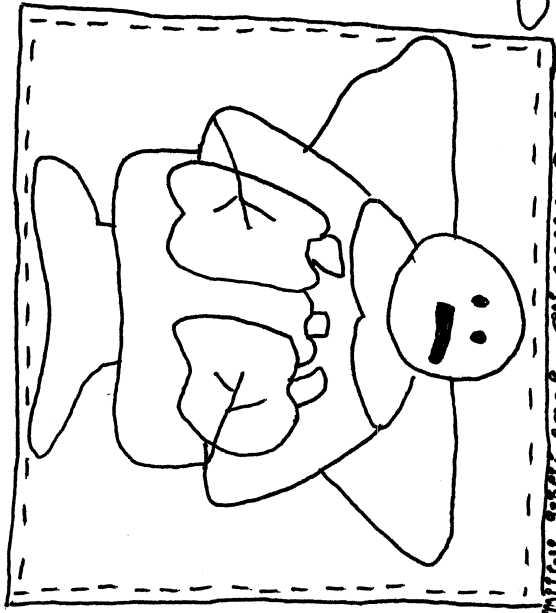
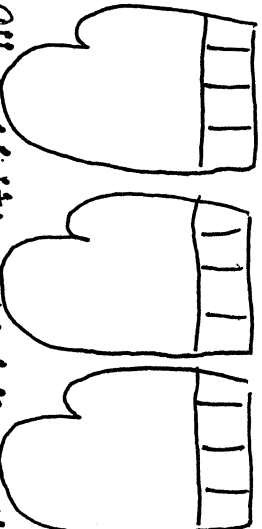


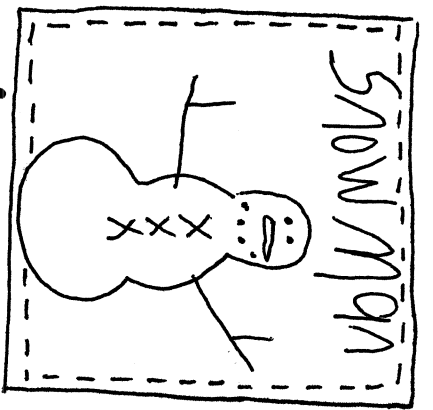
The harvest  
is full and  
ready to  
gather

Old friends

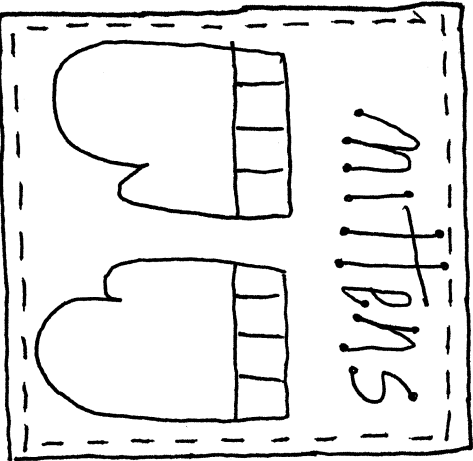
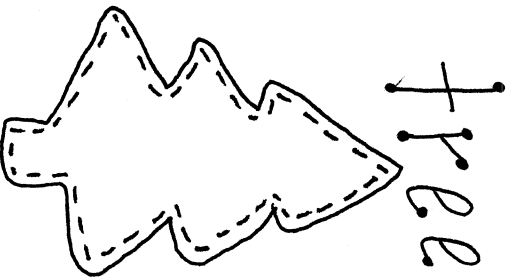
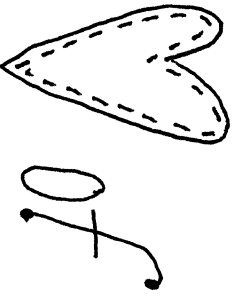


All 3 kittens lost their mothers

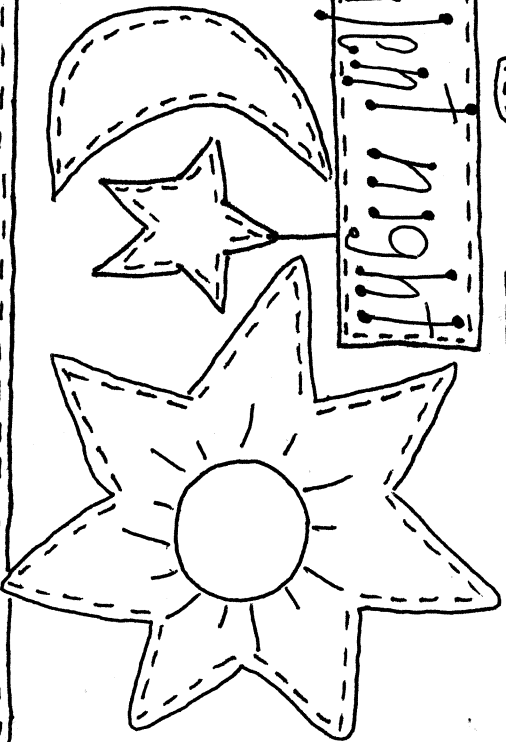




Christmas

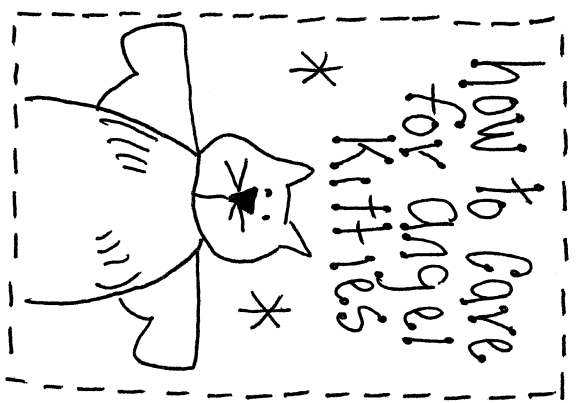
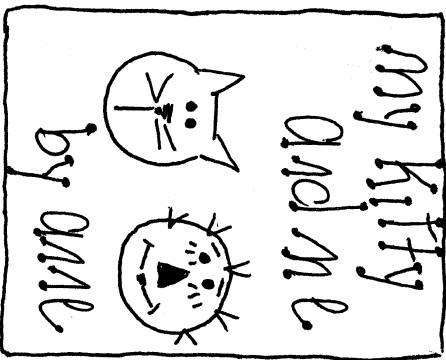
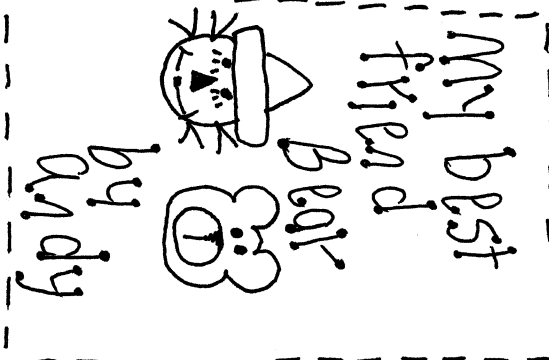
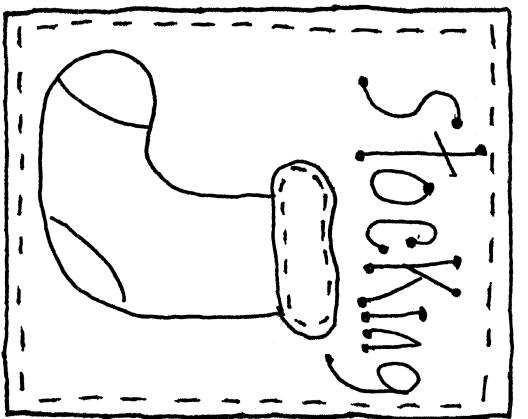


Silent night

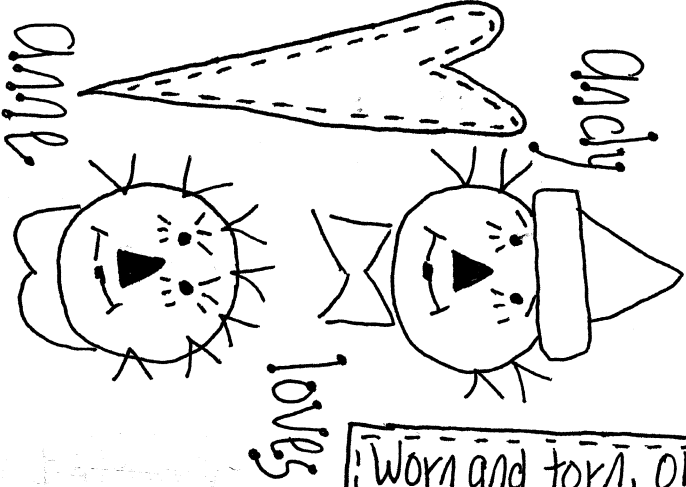


the stars shone bright that silent night

In the summer, rivers flow. In the spring, morning dew will glow. First hint of frost comes in the fall. but winter snowflakes cover all.



Worn and torn, old and loved: Now I'm real a teddy bears journey

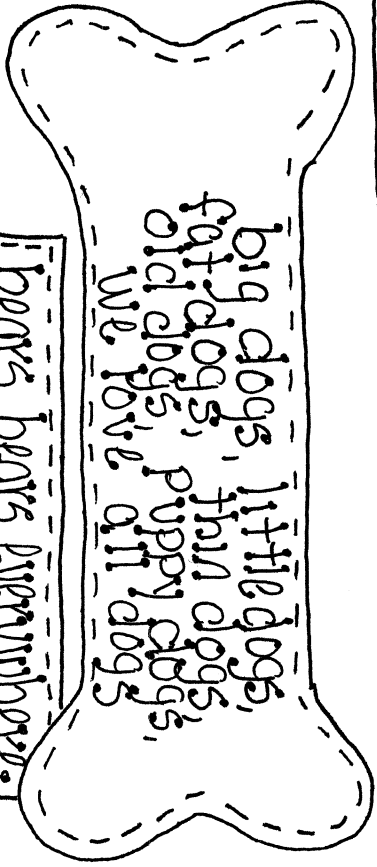


my old rag doll

I love dolls

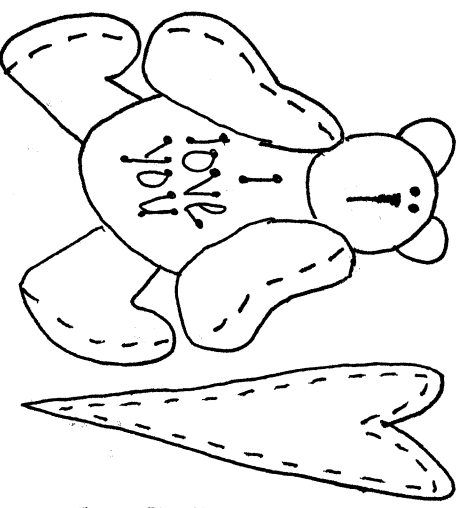
good puppies!  
for sale

A dog without a bone.

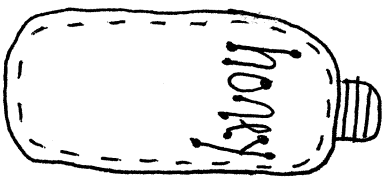


bears bears everywhere

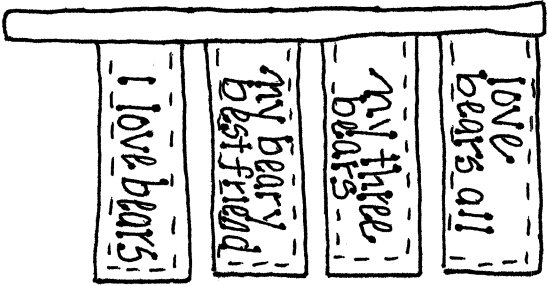
my best friend  
loyal to the end  
my dog



grizzly bear  
black bear  
panda bear  
polar bear  
brown bear  
teddy bear



bear and me.  
are climbing a tree.  
where our grand  
treasure will be.  
bear will bring honey.  
I will bring tea.  
oh how happy  
we will be.



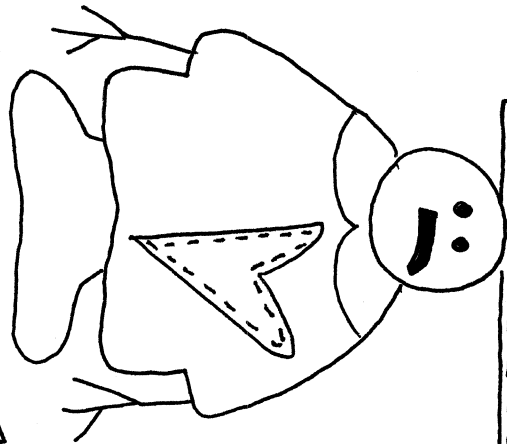
I love bears!

my bear  
best friend!

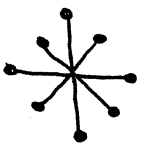
my three  
bears

I love  
bears all

frosty the snowman!  
a snowman's helper



slow snow  
fast snow  
cold snow  
wet snow  
snowman



cold hands  
warm P's  
A snowman  
story...

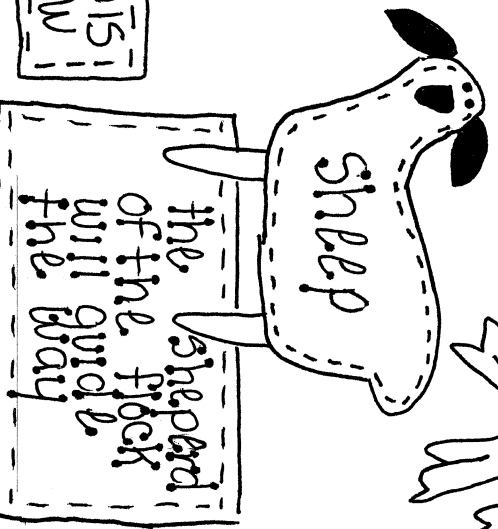
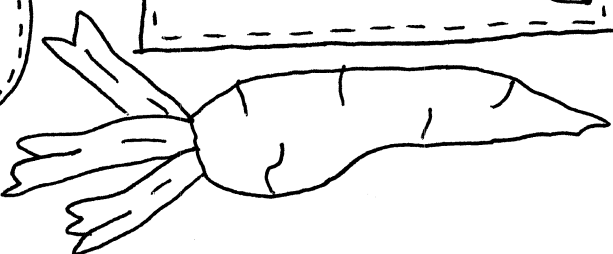


winter air is  
cold at night.  
but snowman hearts  
still shine bright

cold snow hands  
warmed by  
snowman hearts

all the sheep of his  
pasture will follow

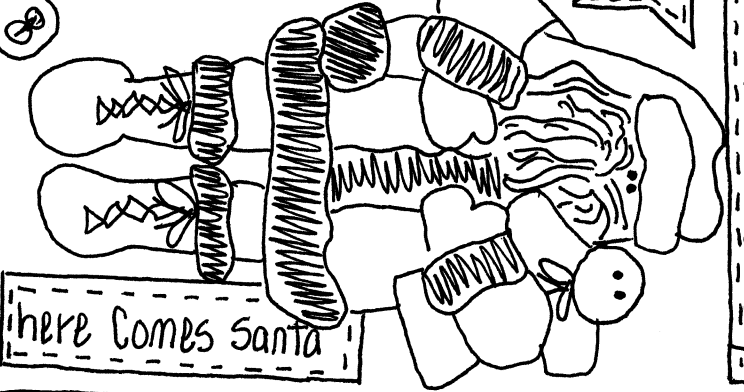
carrot stew  
for two...  
favorite  
snowman  
recipes



the shepherd  
of the flock  
will guide  
the way

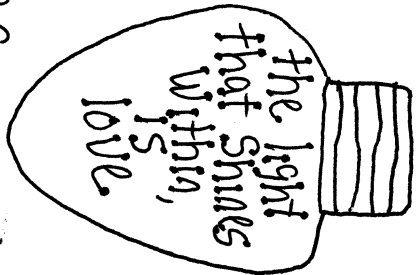
Around the world in 24 hrs. a renders story

Cookies for Santa



here comes Santa

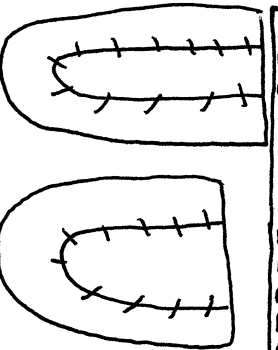
My buttons hold my clothes together...



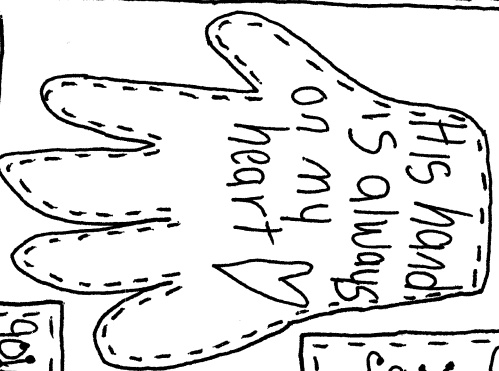
Play with toys, dance with elves, You'll be jolly too

St. Valentine: hearts abound

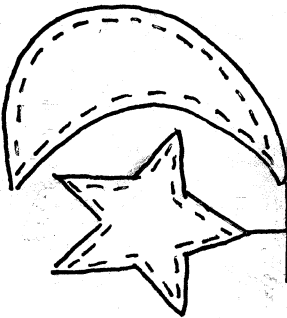
Watermelons for sale



Seasons of the heart



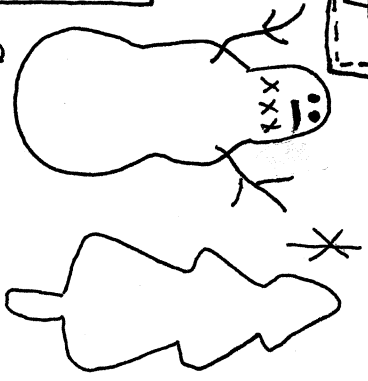
blue moon bright light makes a wish on me tonight



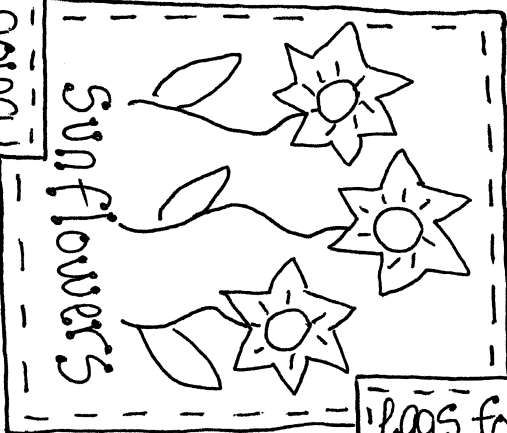
far flying fish

going going gone fishing

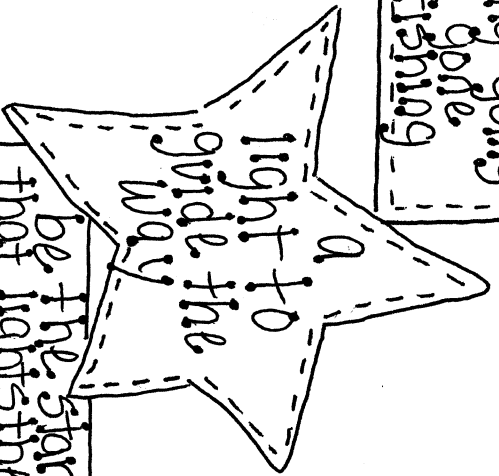
Snowman



Eggs for Sale: chicks included

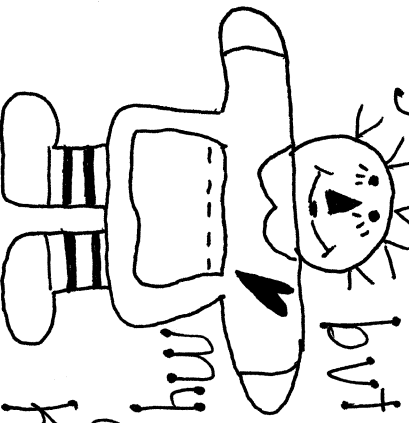


Sunflowers



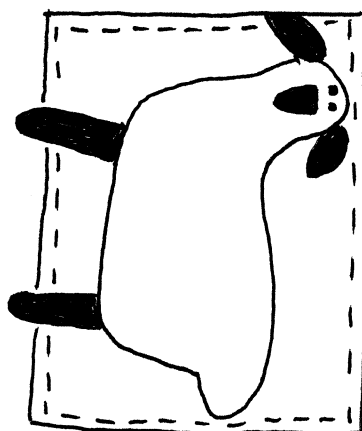
be the star that lights the way

My rag dolls keep me warm inside

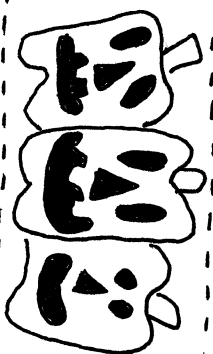


old friends like old toys may wear and tear. but are held together with love

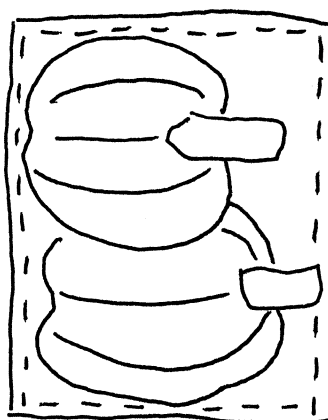
Do you love me?



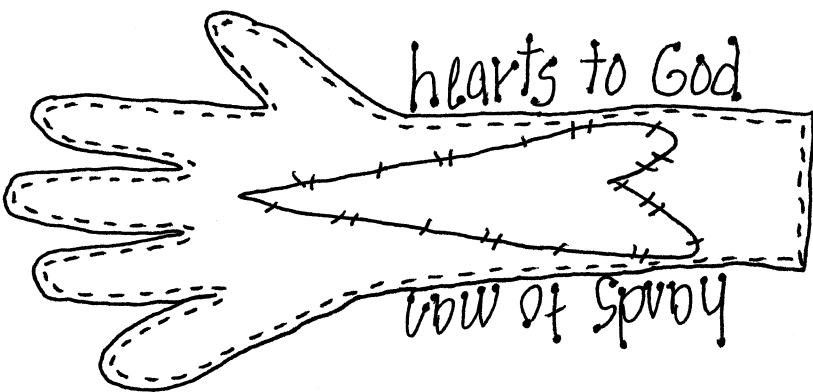
Feed my sheep



Pumpkins for sale

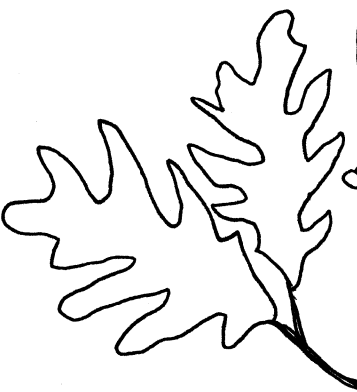


Hearts to God

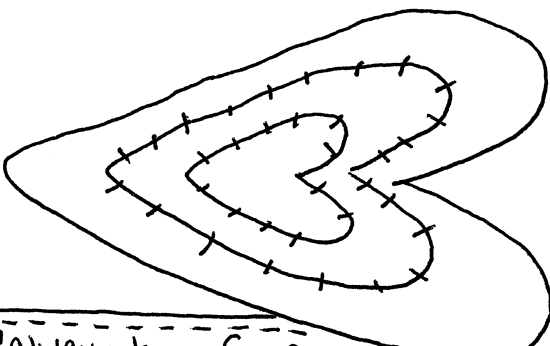


Hands to man

May your harvest  
be bountiful,  
and your offerings  
with Thanks giving,  
all the year  
through.

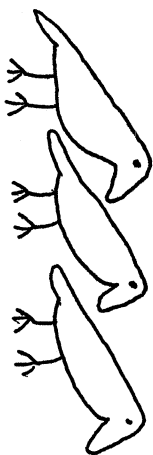


A gift of love  
Comes from the heart

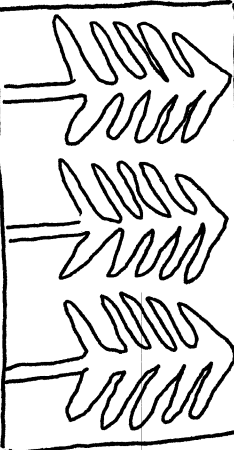


Always time for Apple Pie

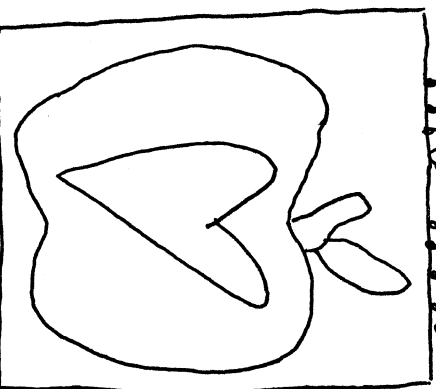
and Ever as he provides, food and  
shelter for the smallest of these birds,  
oh how much more will He provide for us.



my old  
black crow



the apple



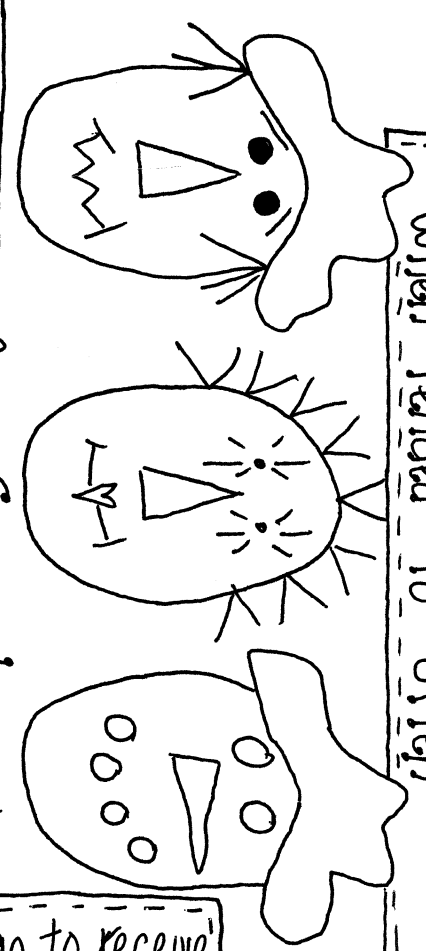
of my eye

leads to the  
of my soul

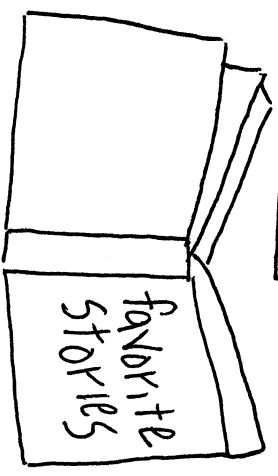
Lord bless this  
home, and all  
who enter in

fill our home with  
love, peace, and  
understanding

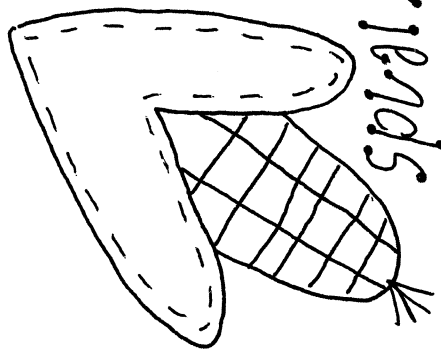
friendships like gardens will grow  
when tended to often



Share a joyful story



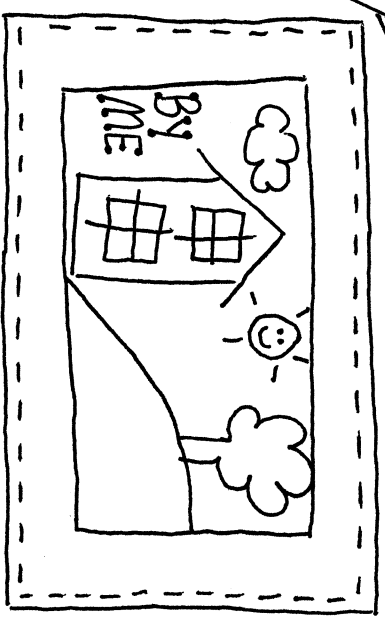
My friends



it is better to gift than to receive



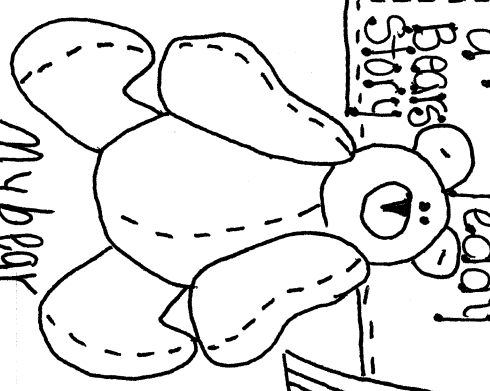
When the snow melts  
away...  
the warmth  
of your heart  
still remains



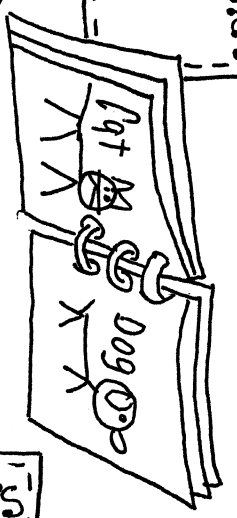
lost wings

May heavens Angels watch over us all

My best friend:  
a Bears Taddy  
Bears Story

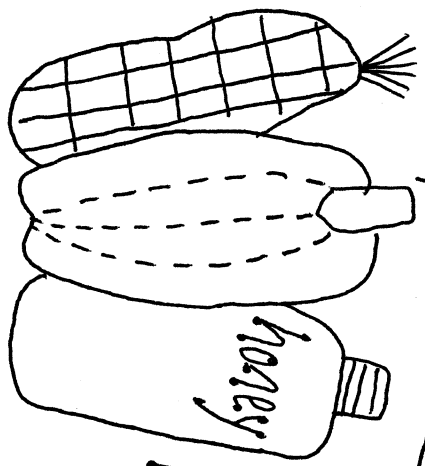


my bear



star

See the heavenly stars  
be inspired

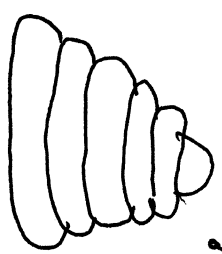


beekeeper

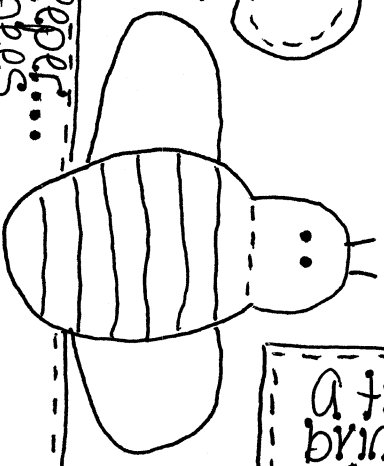
angel



wings



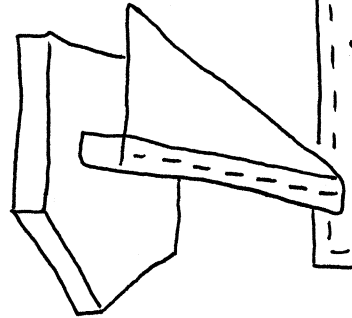
a time to  
bring in the  
harvest



bee keeper... bee keeper...  
watch over the bees  
that make the sweet honey for you and for me



My Sailboat



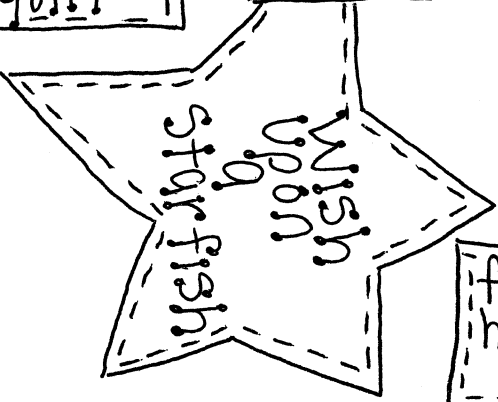
We'll sail across  
the ocean blue  
fry boats  
fry boats  
big boats  
slow boats  
I love boats

old trains, toy trains  
freight trains, all trains  
go to  
railroad heaven.

remember your dreams  
like the patchwork  
of an old quilt.

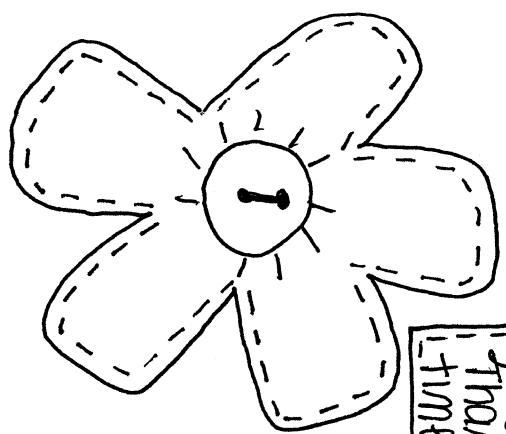
Cut and Sewn  
and Pieced with  
love  
Worn and torn  
and used by all.  
an old quilt

better to be king for a day,  
than a fool for a life time.

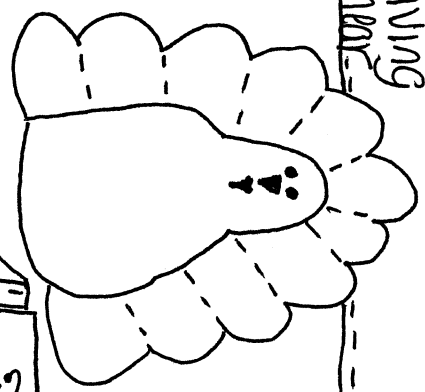
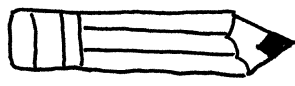


find the star of your  
heart, and let it shine  
through

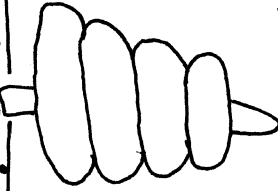
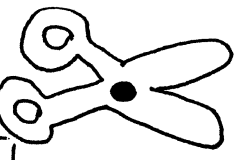
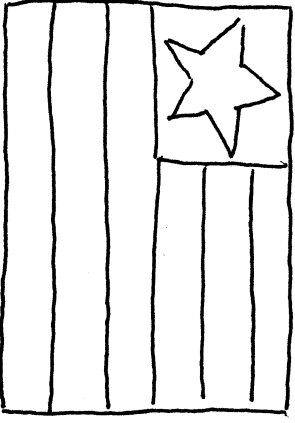
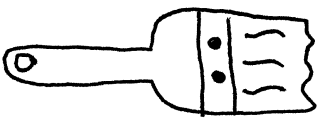
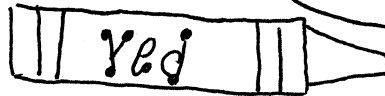
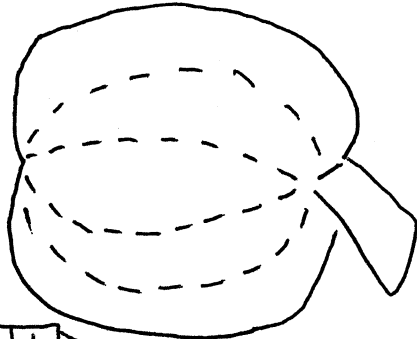
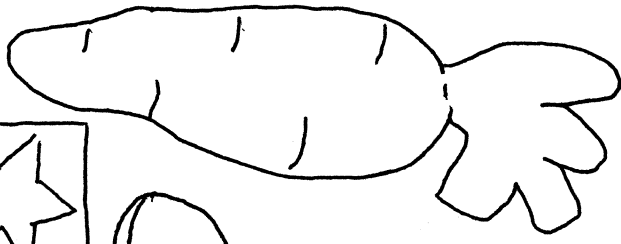
Wish upon a  
star  
Make someone's  
wish come  
true



Gobble Gobble we're in trouble  
Thanksgiving  
time is here



arrow  
boat for 2



to be ragged and worn is to be  
loved the most: my favorite old toy

Playtime never comes soon enough

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### Design your own doll and accessories

- Imagine it
  - Design it
  - Create it
  - Find your inspiration in everyday things
  - **I have included :**
    - Tips
    - Tricks
    - Techniques
    - Different mediums
      - Drawings
      - Sayings
      - Body styles
      - Faces
      - Clothing
      - Many extras
    - **To design your own :**
      - Dolls
      - Appliques
      - Paintings
      - Rug hooks
      - Ornaments
        - Pins
        - Pillows
        - Purses
        - Wall quilts
        - Stitches
        - Cards
        - And much more
- Recipe for a one of a kind doll**
- Read the basic instructions
  - Decide on the technique and style
  - View the selection of concepts and ideas
  - Add your own personal inspiration and creativity
  - Mix in your handiwork and style
  - Most of all..... have fun